

Here is an activity you might like to try at home with your children to introduce them to the difference between wants and needs. Their rights are very closely linked to their needs.

1 - Can you organise the following cards into 'Most Important', 'Important' and 'Least Important' to you?

2 - Now try and organise them into 'Wants' and 'Needs'.

Clean air



Fast food



A bike



Being able to express your opinion



Protection from discrimination



Medicine and medical care



Clean water



Holidays



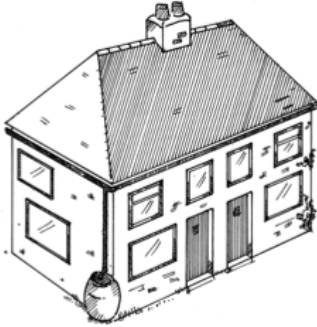
Fashionable clothes



Nutritious food



Decent shelter



Pocket money to spend



A mobile phone



Play



Education



A computer



A television



Being able to practise beliefs, culture and language



Protection from abuse and neglect



Your own bedroom



The difference between 'wants' and 'needs' is that, whilst your 'wants' may make your life more fun and enjoyable, 'needs' are essential and should be met because you cannot provide them on your own without an adult.

Answers:	
Needs: You must have these in order to live.	Wants: These may make your life seem better, but you can live without them.
Clean air	A bike
Clean water	Fashionable clothes
Decent shelter	Fast food
Education	Holidays
Being able to express your opinion	Pocket money to spend
Medicine and medical care	Money to spend
Nutritious food	A computer
Play	A mobile phone
Being able to practise beliefs, culture and language	A television
Protection from abuse and neglect	Your own bedroom (your own room is a luxury, although everybody needs privacy)
Protection from discrimination	