

NEWSLETTER



16th September 2022

How to get in touch



@WoodhousePA



0121 464 1769



www.woodhouse.priacademy.co.uk



enquiries@woodhouse.uwmat.co.uk



families@woodhouse.uwmat.co.uk

- Use this for any queries. Monitored by the Inclusion Team
- You can also send us anything you'd like put in the newsletter. This can be photos, learning, resources and any good news stories you may have.



sensupport@woodhouse.uwmat.co.uk

- Use this for any queries about any additional learning needs or concerns.



homelearning@woodhouse.uwmat.co.uk

- Use this for any support with home learning or using Google Classroom.

MORNING FUN & FITNESS GAMES

Beginning on Monday 26th September.

Join us on Monday and Wednesday mornings from 8.20am on the KS2 playground for 15 minutes of fun and fitness games to start your day before heading off to class at 8.35am.

We look forward to seeing you there!



The following children are Stars of the Week for the week ending 16th September.

Year One

*Yahya
Isra
Lily
Gabriel*

Year Two

*Max
Joanna
Carter
Lola*

Year Three

*Rhyley Joe
Abdullah
Ibrahim
Riley
Kirstyn*

Year Four

*Tyler
Noor
Nafees
Zekhethelo*

Year Five

*Reuben
Abdulbaqi
Carelia
Nyia
Sagaa*

Year Six

*Phoebe
Daniel
Ahmed
Grace
Nicholas
Riley M*

Rainbow Room

Matilda





School Dinner

Menu

20th – 23rd September

NOTE: We operate a 3-week rolling menu. Keep an eye on the menu each week for changes.

We use a range of suppliers, including local businesses so menus are subject to change if items are unavailable.

Monday	Tuesday	Wednesday	Thursday	Friday
School Closed	Chicken Nuggets	Fish Fingers	Picnic Day	Pizza Day
	Vegetable Fingers	Vegetable Samosa	Ham, Cheese or Tuna Sandwich	Cheese and Tomato Or Pepperoni Pizza
	Herby Diced Potatoes	Savoury Rice and Chip Shop Curry Sauce	Vegan Sausage Roll	With Chips and Fresh Salad
	Baked Beans or Vegetables	Peas and Sweetcorn	With Crisps and Tossed Salad	
	Arctic Roll	Chocolate Concrete with Custard	Angel Delight	Selection of Fruit Desserts
Daily fresh salad bar				

Food Allergies

In order to keep our dietary records up to date, please inform the main office of any changes to your child's dietary requirements, allergies and intolerances. We are able to cater for most requirements but must know in advance.

If your child only eats Halal meats but can eat fish, please also let the main office know. We do not serve Halal meats.

Please either contact the main office on 0121 464 1769 or email the Inclusion Team on families@woodhouse.uwmat.co.uk

Please also remember that we are a NUT FREE school.

attendance ~~MATTERS~~

Week 1: 7th – 9th September

Whole School Attendance currently running at: 94.82%

Last week's attendance:

EYFS & KS1: 94.25% KS2: 95.09% Whole School:
94.82%

Our Attendance target for this coming year is 97%

Class	Attendance for the week		Class	Attendance for the week
Nursery	Not Started Yet		3A	95.40%
RL			3S	96.55%
RW			4H	94.25%
1B	93.10%		4N	97.78%
1O	96.55%		5H	96.67%
2FP	91.11%		5W	93.55%
2W	95.35%		6D	97.50%
RR	92.86%		6W	100%
			6WO	85.71%



Congratulations to 6W who had the best class attendance last week.

Well done to 1O had the best class attendance in EYFS & KS1 last week.

Will you help your class have the best class attendance next week?

Attendephants

We have recently adopted two Attendance Elephants (Attendephants) called Tembo and Custard. They will be helping us monitor attendance this year and will be spending the week with the class with the best class attendance each week.

Tembo will be looking out for EYFS & KS1 whilst Custard will be looking out for KS2.

This week, Tembo has been with 10.



2022 – 2023 Academic Year

Autumn Term

Half Term: Monday 24th October to Friday 28th October

Monday 31st October - First day school open for children

Term Ends: Friday 16th December

Spring Term

Tuesday 3rd January - Inset day, school closed to children

Wednesday 4th January 2023 - First day school open for children

Half Term: Monday 20th February to Friday 24th February

Monday 27th February - First day school open for children

Term Ends: Friday 31st March

Summer Term

Term Starts: Monday 17th April

Half Term: Monday 29th May to Friday 2nd June

Monday 5th June - First day school open for children

Friday 21st July - Last day of school year for children

Monday 24th July - Inset day, school closed to children

Tuesday 25th July - Inset day, school closed to children



Further dates here: <https://www.woodhouse.priacademy.co.uk/news-and-events/school-events>



Woodhouse Clothing Bank

We have a clothing bank in school where we are able to take donations of **children's** clothing and re-disperse them to families and children who need them.

Please bring any donations, in a clean and re-usable condition, to the main office.

Items we can accept include:

School shoes, School uniform, non-school uniform (t-shirts, hoodies, trousers etc.), non-school shoes (trainers, pumps etc.), coats, hats, gloves and scarves.

Items we cannot accept: Underwear, jewellery, accessories, adults clothing.

School Uniform is laid out outside the hall and is available for those who need it. This is free of charge so please come and help yourselves. We also have coats, bags and shoes. Please ask staff for assistance if needed.

In the meantime, if you have any queries at all or would like any more information, please speak with the main office or email families@woodhouse.uwmat.co.uk



There is also a wonderful place called Rubery Swop Shop where they distribute pre-loved uniforms.

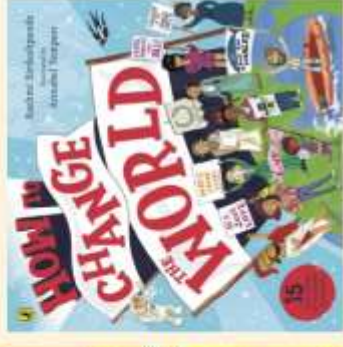
You can find out more on their website:
<https://www.ruberyswopshop.co.uk/>

Author of the Week

RASHMI SIRDESHPANDE



'Good News' was shortlisted for the Blue Peter Book Award in 2022.



Rashmi has written a range of picture books, some of which are entertaining and funny, such as the 'Never' dinosaur series, and some which are emotional and deal with feelings, like 'Dadaji's Paintbrush'.

Alongside this, she has written some brilliant non-fiction books which not only teach you new facts, but get you interested in new topics! These include Good News and How to be Extraordinary.

*Rashmi Sirdeshpande
says:*

If you like Kate Pankhurst or Tom Percival, you'll love these books!

I love books because they are literally the cheapest ticket possible to absolutely everywhere, real and imagined!

Woodhouse Primary Academy

FORTHCOMING CHANGES FOR SEPTEMBER

From September we will NOT be able to accept cash within school. This is a directive from our academy trust.

We will be using My Child at School (MCAS) for all aspects of school life. We will be using this app for processing of dinner money, before & after school club, educational visits and out of school activities.

If you attempt to pay in cash, we will not be able to accept this.

Please contact the office for details of how to access your child's account via MCAS, we will need an up to date email address for you.

Thank you for your ongoing support.



Many of you are already using our My Child At School platform to pay for visits, lunches and wrap around care and to receive messages from school.

We are in the process of becoming a cashless school so this will be the only way to pay for visits, lunches and wrap around care going forward.

The platform is simple to use and is available on all smart mobile devices via their app stores.

If you haven't set this up already, please come and see the main office or email us on families@woodhouse.uwmat.co.uk

If you have an invitation code already, you can redeem this by visiting <https://www.mychildatschool.com/MCAS/MCSParentLogin> and selecting 'redeem invitation code'.

To do this, you need your username and invitation code from your invitation email and the school ID which is 12013.

The main office will be your first port of call for any assistance with this.



ParentWise – A helping hand for parents and carers

As children get older and more independent, issues that affect them can be harder to spot and deal with.

Learning about potential dangers can give you the knowledge and skills to act if there is a problem. It could also help keep your child safe by preventing problems before they happen.

You know your child best, so if you've got a feeling something's up – you're right not to ignore it.

<https://parentwise.campaign.gov.uk/>

READY TO FIGHT FOOD WASTE?



RESCUE MAGIC BAGS OF SURPLUS, UNSOLD FOOD

FROM YOUR FAVOURITE SHOPS AND RESTAURANTS

Every day, delicious, fresh food goes to waste at cafes, restaurants, hotels, shops and manufacturers - just because it hasn't sold in time. The Too Good To Go app lets you buy and collect this food - at a great price - so it gets eaten instead of wasted. You won't know exactly what's in your order until you pick it up - it's all part of the surprise. Download the app to get started.

Download the app from the App Store or the Play Store, enter your postcode and see what is available near you.



Welcome to Quinton Pantry!

The Quinton Food pantry is collaboration between the Haven Community Project and B32 community. In response to the covid-19 pandemic we have both been involved with distributing food due to ongoing issues of Food Justice. We want to see a longer term solution to these issues of food injustice available for the people of Quinton and hope that the food pantry will form a part of this.

For a small weekly subscription of **£4**, members of this Pantry will be able to purchase a weekly food shop including fresh fruit and vegetables and family favourites to stock up the cupboard and fridge.


The address is:

Haven Centre
54 Rilstone Road
Quinton
Birmingham
B32 2NR

Opening times:

Friday: 12pm - 1.30pm

We are always looking for new volunteers so please get in touch if you would like to help us to run the pantry or support any of the other projects that we currently offer.

If you have any queries, please email rachel@havencommunityproject.com 



The Quinton and Oldbury Foodbank is located at St Boniface Church and is open every Tuesday from 10am – 12pm and every Wednesday from 11am – 1pm.

The Foodbank at The Coffee Shop has now closed due to not being a suitable size for the foodbank but is re-opening as The Brandhall Community Hub and will be offering a wide range of support to the community. This includes a Food Pantry; a food membership club giving access to low-cost food, including fresh goods, in a shop format. The Pantry is a similar setup to the one in Quinton at the Haven Centre.

Food Banks within the Trussell Trust:

- 1. Quinton and Oldbury Foodbank, St Boniface Church, B32 2QD*
- 2. Smethwick, Holy Trinity Church B67 7AH*
- 3. Handsworth, New Wesleyan Church, B21 0LA*
- 4. Birmingham Central, Birmingham City Church, B1 3QQ*

Please speak to a member of staff in school in you require support from the Food Bank. We are able to refer families.



STITCH & CRAFT WITH US! AT QUINTON LIBRARY



Free

Join us at Quinton Library for a monthly day of craft, creativity and good company! Bring your own stitching or craft projects to do whilst you meet and enjoy a chat with like-minded people.

Drop in either **10.30am-12.30pm** or **2-4pm** on the following Tuesdays: 17 May, 28 June, 19 July (no date in August), 20 September, 18 October, 15 November and 20 December 2022.



Just turn up or call
Quinton Library for
more information.
0121 464 7400.

Edgbaston
Neighbourhood
Network Scheme

ENNS



Birmingham City Council

Rhyme Time

At Quinton Library
Ridgacre Road, Quinton,
B32 2TW

Suitable for ages 0-5 Years

Every Friday 10:00-11:00
(Term Time Only)

Join us for stories, rhymes and fun craft
activities that help support and develop your
child's language and communication skills



For more information on what's
going on in your area please call:
Doddington Green Children's Centre on
0121 4776440

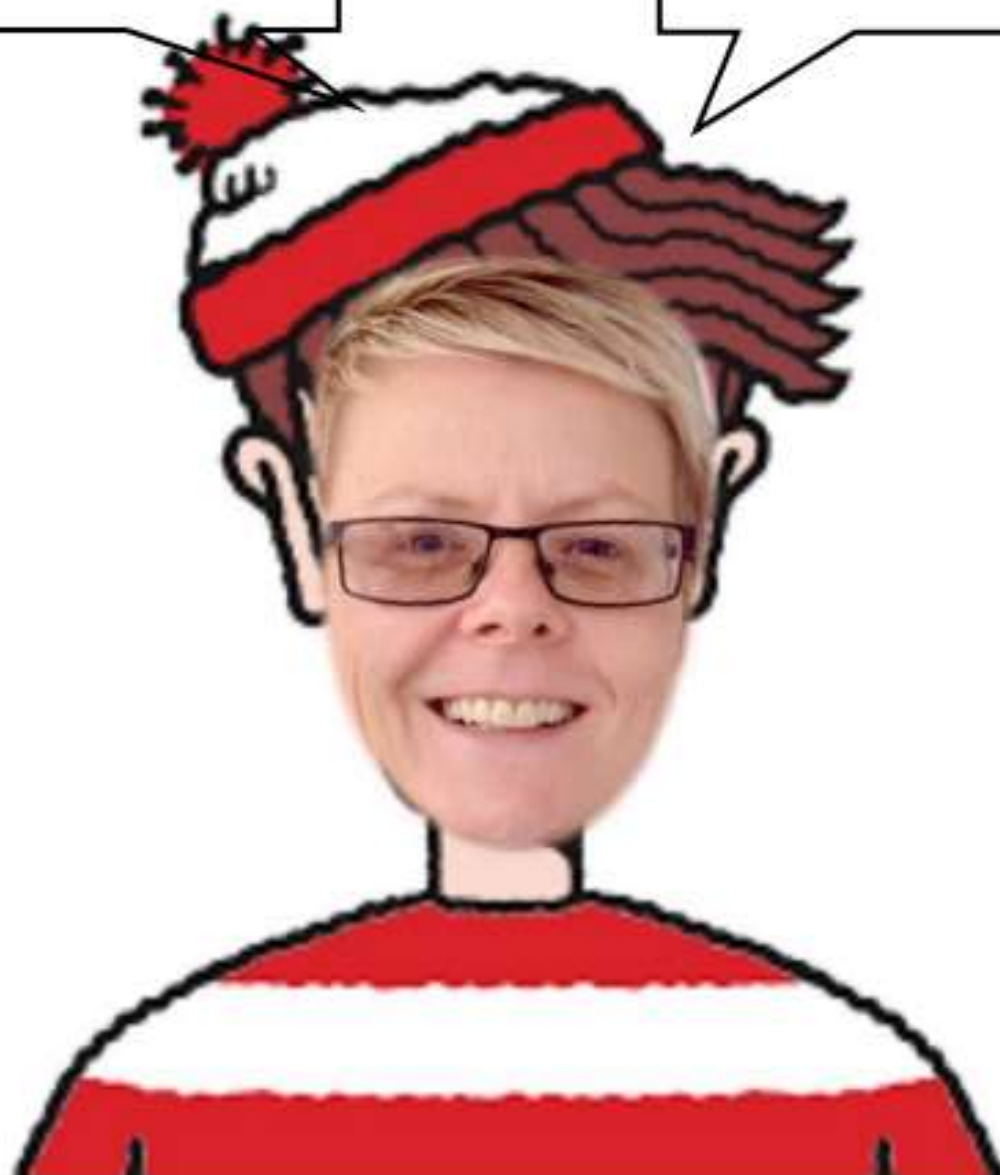
 @bfsedgbaston



Where's Wendy?

Wendy can be found working with pupils. She can support pupils with their emotional well being.

Wendy can be found working with staff.
She is trained to help staff with a variety of issues that are affecting their life.



Did you know Wendy is a qualified therapist?

She is qualified in Counselling and Cognitive Behaviour Therapy.

If you'd like to speak to Wendy ask at Reception.

Wendy is in school on Thursdays.

Pause.

**Need someone to talk to?
Struggling to cope with feelings?
We're here for you.**

Pause can help, we listen and help you find solutions – no referrals or long waits, you choose when and how to use our service. Pause supports anyone under the age of 25 with a Birmingham GP via phone, video call or face to face session.

**To find out more and register for support, visit:
<https://forwardthinkingbirmingham.nhs.uk/pause>
or call our Registration Line **0207 841 4470**
(please note local call charges do apply).**

Drop-in sessions will be offered around the Birmingham area, not just in City Centre. For up to date locations, visit our website for more information.

Pause can offer:

- **A non-judgemental listening ear.**
- **Self-help strategies, skills for managing difficult situations and feelings.**
- **Detail of other support services that can help.**

Each session last around 20-30 minutes which focuses on ways forward.

Our Service Operates:

- **Monday, Wednesday, Thursday, Fridays - 10am-6pm**
- **Tuesdays 12pm-8pm**
- **Saturdays 10am-5pm**
- **We are Closed Sundays & Bank Holidays.**



Help for all families in Birmingham



Food
& Energy



Youth
Support



Domestic
Abuse



Emergency
Funding



Money &
Debt Advice



Data & IT



Under 5's
Support



School Uniforms
& Clothing



Parenting



Special Needs
& Disabilities



Bereavement



Housing



Sexual
Health



Mental
Health



Play

Birmingham
Children's Partnership



Birmingham

Children's Partnership



Edgbaston

EarlyHelpEdgbaston@gatewayfs.org
0121 456 7821

Erdington

ErdingtonFamilies@compass-support.org.uk
0121 748 8199

Hall Green

Hallgreen.families@greensquareaccord.co.uk
07570 953519 (9:30am to 4:30pm)

Hodge Hill

EarlyHelp-Hodgehill@family-action.org.uk
07976 199894

Ladywood

childrenandfamilies@bsettlement.org.uk
07764 977636

Northfield

NorthfieldFamilies@northfieldcommunity.org
07516 918 133

Perry Barr

PerrybarrEHnetwork@spurgeons.org
0121 752 1900

Selly Oak

EarlyHelp.Billesley@gmail.com
0121 441 4556

Sutton Coldfield

SuttonEHnetwork@spurgeons.org
0121 752 1860

Yardley

EarlyHelpYardley@barnardos.org.uk
0121 289 4875





**Healthy Start
paper vouchers
will soon be
replaced with a
prepaid card**

Apply online [NOW](https://www.healthystart.nhs.uk/how-to-apply/)

The Healthy Start scheme is changing, with a new online application process and prepaid card, to replace the paper vouchers. Paper vouchers will no longer be issued after **31st March 2022** so it is very important that you apply for a prepaid card as you will no longer receive vouchers after the 31st March 2022. **You will not automatically be transferred onto the new scheme.**

To apply for the first time or get your new prepaid card, go to the Healthy Start website www.healthystart.nhs.uk/how-to-apply/ and follow the steps for applying.

Pregnant women and families with children under the age of 4 may be eligible for help to buy healthy food and milk if they are on certain benefits. Healthy Start vouchers are currently worth **£4.25** per week per child under the age of four – but if you have a child under one year, you could get two vouchers a week giving you **£8.50**

Sign up online today – www.healthystart.nhs.uk/how-to-apply/

(If you do not have access to a computer or phone, ask your health visitor, midwife, Children Centre, or another organisation that you receive support from)



**A BOLDER
BRIGHTER
BIRMINGHAM**



Birmingham
City Council



Healthy Eating/Recipes

- [Startwell 2020 \(startwellbirmingham.co.uk\)](http://startwellbirmingham.co.uk)
- www.nhs.uk/change4life/recipes
- <https://my.whisk.com/feed>
- [Healthy eating on a budget | BHF](#)
- [Diabetes-UK-African_Caribbean-Guide.pdf \(nhsforhvalley.com\)](#)
- [FINAL A5_Healthyeating_SAsian7.qxd \(diabetes.org.uk\)](#)
- www.tomkerridge.com/full-time-meals/
- <https://www.youtube.com/watch?v=c-2gPJUOiqM&list=PLb1P0NWdnLLMAWayc9IbIm-8abQ8oHcG8> - healthy eating webinars

Keeping Active

- [Disney Shake Up Games | 10 Minute Shake Up | Change4Life \(www.nhs.uk\)](#)
- Startwell being active - [180 Katie - Startwell 2020 \(startwellbirmingham.co.uk\)](#)
- [PE With Joe | 2021 - YouTube](#)

Useful sites

- **Pregnancy start4life:** www.nhs.uk/start4life/
- **Birmingham Safeguarding Children Partnership:** [Home - Birmingham Safeguarding Children Partnership \(lscpbirmingham.org.uk\)](http://lscpbirmingham.org.uk)
- **Birmingham Forward Steps:** [Birmingham Forward Steps – The best start for our children \(bhamforwardsteps.co.uk\)](http://bhamforwardsteps.co.uk)
- **Supporting children's mental health:** [Coronavirus: wellbeing activity ideas for families \(place2be.org.uk\)](http://place2be.org.uk)
- **Mental wellbeing:** [Home - Kooth](#)
- **ICON:** [ICON - Babies cry you can cope - Advice and Support | ICON \(iconcope.org\)](http://iconcope.org)
- **Food Banks:** [All Food Banks | Find FoodBanks Brum](#)
- **Healthy Start webinar:** <https://www.youtube.com/watch?v=ko3TPO7EurE>



We've all been through a tough time recently.

The following organisations have partnered to provide services and support, which might make life a little bit easier...

Birmingham Children's Partnership includes: Birmingham City Council, Birmingham Children's Trust, Birmingham and Solihull Clinical Commissioning Group, Birmingham Community Healthcare NHS Foundation Trust, Birmingham Women's and Children's NHS Foundation Trust, West Midlands Police and Birmingham Voluntary Sector Council.

There is support available for domestic abuse, parenting courses, mental health support, financial help, alcohol and drug problems, bereavement support and more.

Follow these links to find out more:

<https://www.birmingham.gov.uk/love>

https://www.birmingham.gov.uk/info/50224/birmingham_children_s_partnership/2156/birmingham_children_s_partnership_-_resources

Alternatively, speak to a member of the Inclusion Team for more advice / support.

In most cases, you can self-refer for support.

One example of support they can offer is with emergency food and supplies grants of up to £100.

From Birmingham with Love



We've all been through a tough time with Covid-19 and repeated lockdowns. For many families it can get harder over Winter, which is why we're here to help. Here are some of our partners' most used services and support, which might make life a little bit easier...

1. **Online parenting course.** We've pre-paid for every parent in Birmingham to access a [parenting course](#). Just enter the access code "COMMUNITY" at the top of the page to claim. There are courses for parents, carers and grandparents of children from bump to 19. Learn about how your child develops, and get tips to manage their behaviour.
2. **Mental health support.** In these difficult times we have to look after our mental health. For young people aged 11-25 there are forums, guides and counselling available at [Kooth](#). If your child 0-25 needs support, get in touch with Pause by calling 0207 841 4470 or [email](#). Adults can get support from [MIND](#) by calling 0121 262 3555. Or for urgent help call [Forward Thinking Birmingham](#) on 0300 300 0099.
3. **Financial help.** If you've lost your job, or are struggling for food or rent there are services that can help. [Local welfare provision](#) can make a big difference if you are in a crisis and need food, fuel or basic white goods. [Discretionary Housing Payments](#) may be able to help with rent. And there are [food banks](#) across Birmingham that are here to help.
4. **Domestic abuse.** For women and children affected by domestic abuse please see [guidance](#) or confidentially contact [Birmingham and Solihull Women's Aid](#). For Men, please contact [Respect](#).
5. **Problems with drugs or alcohol.** A new, discrete app called Staying Free is available on Android or Apple. Use the code "birmingham11" for pre-paid access. To speak to someone call [Change Grow Live](#).
6. **Bereavement support.** It's a terrible time to lose a loved one — you can get help by calling 0121 687 8010 or from [Cruse](#).
7. **Early help for families.** If anyone in your family needs more help, from public services or community groups, then please contact our [voluntary sector local leads](#). We have ten areas which can connect you to support across the city.

If you are worried about a child, please call Birmingham's Children's Advice and Support Service on 0121 303 1888. In an emergency, including child abuse, contact the Police on 999. You can also [chat](#) to the Police.

ST FAITH AND ST LAURENCE

HARBORNE, BIRMINGHAM B17 8RD

MESSY CHURCH

IN THE CHURCH HALL

**SATURDAY 1st
OCTOBER 2022**

FROM 10.30am to 12noon

**SUITABLE FOR NURSERY AND PRIMARY AGED CHILDREN
ACCOMPANIED BY A PARENT, CARER or OTHER RELATIVE**

**JOIN US FOR SOME FREE CHILDREN'S FUN
CHRISTIAN FELLOWSHIP with songs, prayer, baking,
painting and other crafting activities each month**

**WE LOOK FORWARD TO WELCOMING YOU TO OUR
MESSY CHURCH COMMUNITY
SEE YOU THERE!**

www.saintfaithandsaintlaurence.co.uk

HARBORNE KARATE CLUB



NEW BEGINNERS WELCOME !!
BOOK A FREE TRIAL LESSON NOW !!



THURSDAYS
LORDSWOOD GIRLS SCHOOL
6-7PM
(CHILDREN AGE 5+ & TEENAGERS)



LIMITED SPACES AVAILABLE !!
FIRST COME , FIRST SERVED!!

BOOK YOUR TRIAL ONLINE !!

OR CONTACT JOSH MOUNTNEY DIRECT VIA PHONE

07824442833 www.usko-karate.co.uk

NETBALL SESSIONS

SUNDAYS AT FOUR DWELLINGS ACADEMY QUINTON

****BOOK YOUR FREE TASTER TODAY AT
WWW.LITTLENETTERS.NET****



Classes for:

Preschool to Reception

Years 1-2

Year 3-6



Boys & Girls Ages 3 to 11



Little Netters



littlenetters@outlook.com



07360 206866



littlenettersnetball

Book Online: <https://www.littlenetters.net>



Useful links

<https://homelearning.woodhouse.academy>

Additional learning resources and activities.

<https://www.woodhouse.priacademy.co.uk/news-and-events/parental-assistance>

Our parental assistance page with plenty of avenues of support.

<https://www.woodhouse.priacademy.co.uk/news-and-events/school-news>

Up to date school news.

<https://www.woodhouse.priacademy.co.uk/news-and-events/wider-opening>

Access our latest risk assessment, detailing our safety measures.

<https://your-local-pantry.force.com/s/member-sign-up>

The Food Pantry – Quinton

<https://www.theprojectbirmingham.org/housing-advice/>

Support with housing

<https://www.cicadasports.co.uk/index.php?route=product/search&search=woodhouse>

To purchase school uniform and PE kits.