

NEWSLETTER



20th May 2022

How to get in touch



@WoodhousePA



0121 464 1769



www.woodhouse.priacademy.co.uk



enquiries@woodhouse.uwmat.co.uk



families@woodhouse.uwmat.co.uk

- Use this for any queries. Monitored by the Inclusion Team
- You can also send us anything you'd like put in the newsletter. This can be photos, learning, resources and any good news stories you may have.



sensupport@woodhouse.uwmat.co.uk

- Use this for any queries about any additional learning needs or concerns.



homelearning@woodhouse.uwmat.co.uk

- Use this for any support with home learning or using Google Classroom.

Snacks at Breaktime

A gentle reminder about what children can and can't bring as a snack for break time.

We are a completely nut free school, this includes snacks that contain peanuts, such as peanut m&ms.

Please do not send snacks such as crisps and sweets as these are not considered a healthy snack.

Ideal snacks include fruit, cereal bars, biscuit bars etc.

If there are any queries, please speak with the class teacher.

Note for parents

Can children with pierced ears please wear studs to school rather than hoops. This is for safety reasons. Especially on PE days.

Stars of the Week

The following children are Stars of the Week for the week ending 20th May.

Nursery

Gurpreet
Jessie

Reception

Skylah
Lily
Beatrice
Samarah

Year One

Destiny
Louie
Emmanuel
Abdul

Year Two

George
Kysten
Ibrahim
Isabelle

Year Three

Mollie
Rae'y
Musa
Kayden
Safina
Faith

Year Four

Saffanah
Esther
Dexter
Kai
Star

Year Five

Rose
Ariana
Dallas
Alfie
Lily

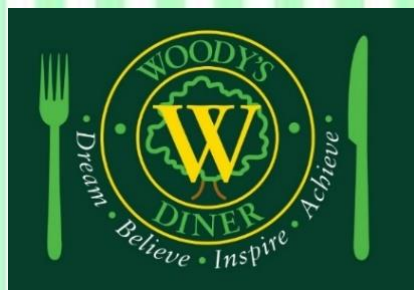
Year Six

Kaydon
Liyana
Ayham
Aaliyah Mae
Poppy
Adele

Rainbow Room

Osman
Adon

Congratulations to all of these children who have put in a fantastic effort this week. They have been nominated by their teachers. We are really impressed with the level of learning from all children. What can you do to be Star of the Week next week?



School Dinner

Menu

23rd – 27th May

NOTE: We operate a 3-week rolling menu. Keep an eye on the menu each week for changes.

We are struggling with supplier issues due to the pandemic. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets	Fish Fingers	Italian Style Spaghetti and Beef Meatballs in Tomato Sauce	Pizza Day	Jubilee Day
Vegetable Fingers	Vegetable Samosa		Cheese and Tomato Or Pepperoni Pizza	Ham, Cheese or Tuna Sandwich
Herby Diced Potatoes	Savoury Rice and Chip Shop Curry Sauce	Mac 'n' Cheese	With Chips and Fresh Salad	Vegan Sausage Roll
Baked Beans or Vegetables	Peas and Sweetcorn	With Garlic Bread		With Crisps and Tossed Salad
Arctic Roll	Selection of Hot Desserts with Custard	Jam Doughnut	Selection of Fruit Desserts	Fruit Scone with Jam and Cream
Daily Fresh Salad Bar with Bread				

Food Allergies

In order to keep our dietary records up to date, please inform the main office of any changes to your child's dietary requirements, allergies and intolerances. We are able to cater for most requirements but must know in advance.

If your child only eats Halal meats but can eat fish, please also let the main office know. We do not serve Halal meats.

Please either contact the main office on 0121 464 1769 or email the Inclusion Team on families@woodhouse.uwmat.co.uk

Please also remember that we are a NUT FREE school.

attendance ~~MATTERS~~

9th – 13th May

Yearly attendance is currently running at: **92.63%**

Last Week's attendance:

EYFS & KS1: **88.92%** KS2: **92.96%** Whole School: **91.65%**

Our Attendance target for this year is 97%

Class	Attendance for the week		Class	Attendance for the week
Nursery	82.07%		3A	87.59%
RS	93.33%		3N	92.76%
RW	92.41%		4H	98.33%
1L	86.79%		4SO	87%
1O	88.39%		5H	87.10%
2C	85.86%		5W	92.33%
2G	97.93%		6D	100%
RR	82.14%		6W	100%
			6WL	99.05%

6D

6D

Congratulations to **6D & 6W** who had the best class attendance last week.

Well done to **2G** had the best class attendance in EYFS & KS1.

Will your class have had the best attendance this week?

Summer Term 2022

Monday 23rd May – 4SO Class Assembly – 9am

(Class parents invited)

Friday 27th May – Reception Botanical Garden visit

Monday 30th May to Friday 3rd June – Half Term

Monday 13th June – 4H Class Assembly – 9am

(Class parents invited)

Tuesday 14th June – Reception and Year 6 Height and Weight checks –
Information letters sent out 10/5/22

Monday 20th June – 1O Class Assembly – 9am (Class parents invited)

Monday 27th – Wednesday 29th June – Year 5 & 6 Bushcraft Residential

Monday 27th June – RW Class Assembly – 9am (Class parents invited)

Thursday 30th June – Year One Weston-Super-Mare beach visit

Monday 4th July – 2C Class Assembly – 9am (Class parents invited)

Friday 8th July – RS Class Assembly – 10:30am (Class parents invited)

Friday 8th July – Year 3 Visit to the MAC Theatre

Monday 11th July – 2G Class Assembly – 9am (Class parents invited)

Tuesday 12th July – Children's University Graduation – Timings to follow

Monday 18th – Wednesday 20th July – Well-being week

Wednesday 20th July – Last day of school year for children

Thursday 21st July – Inset day, school closed to children



If your child is eligible for free school meals and you would like to order a Free School Meal lunch for a visit, please return the appropriate form to the main office. You will receive a lunch form with your visit letter.

Children who pay for school dinners can also order and pay for a school packed lunch to take on a visit by using the same form.

Jubilee Celebrations

Dress Up

Red, white and blue

Friday 27th May 2022

(Reception dress up on Thursday
instead and in full uniform for
their trip on Friday)





The Queen's Corgis by Ms Lewis' EAL group as part of our celebrations for The Queen's Jubilee.



Amazing volcano coil pots by Year 4 as part of their Romans Theme

The
ART
Corner



Woodhouse Clothing Bank

We will be setting up a clothing bank in school where we will be able to take donations of children's clothing and re-disperse them to families and children who need them.

We have the capacity to take donations from Tuesday 3rd May. Please bring any donations, in a clean and re-usable condition, to the main office.

Items we can accept include:

School shoes, School uniform, non-school uniform (t-shirts, hoodies, trousers etc.), non-school shoes (trainers, pumps etc.), coats, hats, gloves and scarves.

Items we cannot accept: Underwear, jewellery, accessories, adults clothing.

Once donations are sorted out we will be in the position to invite families into school to help themselves to items that will be of use.

Please let us know, either at the main office or via email, if you think you would benefit from this support and we can get items to you as soon as they're in.

the meantime, if you have any queries at all or would like any more information, please speak with the main office or email families@woodhouse.uwmat.co.uk



Many of you are already using our My Child At School platform to pay for visits, lunches and wrap around care and to receive messages from school.

We are in the process of becoming a cashless school so this will be the only way to pay for visits, lunches and wrap around care going forward.

The platform is simple to use and is available on all smart mobile devices via their app stores.

If you haven't set this up already, please come and see the main office or email us on families@woodhouse.uwmat.co.uk

If you have an invitation code already, you can redeem this by visiting <https://www.mychildatschool.com/MCAS/MCSParentLogin> and selecting 'redeem invitation code'.

To do this, you need your username and invitation code from your invitation email and the school ID which is 12013.

The main office will be your first port of call for any assistance with this.

Quinton Policing Team

We were delighted to welcome the new Sergeant of the re-formed Quinton Neighbourhood Policing Team, Sergeant Mimmagh, to our school on Tuesday 10th May. The team are based at Harborne Police Station and have responsibility for the Quinton area.

Sergeant Mimmagh met with Mr Wilson to discuss opportunities for the children to learn about safety and the Police to build on their curriculum work. We look forward to welcoming Sergeant Mimmagh and his team into school to talk to and work with the children in the near future.



Whilst he was here, he also took the opportunity to take a close look at some of the parking and driving around school at the end of the day - especially on Woodhouse Road. Some local residents had expressed concerns to his team, which I have shared with you before here. He gave some excellent advice and will be returning to help keep the children safe regularly. He did speak to some parents about where to park and reminded them of the expectations of the highway code. Thank you to those who gave him a warm welcome - it was great to begin to make a positive link with families and children.

We look forward to working closely with the Quinton Neighbourhood Policing Team in the future.



**BIRMINGHAM
DIAMOND
LEAGUE**

BRITISH ATHLETICS

School Ticket Offer

We have teamed up with British Athletics to offer pupils and their families the opportunity to attend the Müller Birmingham Diamond League at the brand-new Alexander Stadium on Saturday 21st May.

The Müller Birmingham Diamond League is a world leading athletics meeting attracting the biggest and best track and field stars. Olympic medallists Keely Hodgkinson, Josh Kerr, Holly Bradshaw and World and European Champion Dina Asher-Smith are already confirmed to appear this year.

What better way to inspire your family than by heading to the iconic Alexander Stadium to watch the new crop of athletic stars as they continue their preparations for the 2022 Commonwealth Games.

Before all the action starts inside the stadium, there will be plenty of things to see and do in the fan village with some fun activities for everyone including having a go with Müller Run, Jump, Throw & Push. There will be lots of delicious food and drink options plus live music and heaps more for a guaranteed great family day out!

We have been offered tickets for this event at a **special price of £10.60 for adults and £5.30 for juniors** (16 & under) in price category D areas inside the stadium. Anyone can buy tickets so get your friends and family involved too.

To purchase tickets:

VISIT www.theticketfactory.com/british-athletics and select the Müller Birmingham Diamond League

ENTER the code **SCHMBDL22** into the promo code box at the top of the page & click 'GO'

SELECT price category D and the block you wish to be seated in or choose the best available option.

SELECT the number of tickets you want from the dropdown menu in the blue highlighted boxes, add to your basket and then complete the order.

For group bookings of 10 or more tickets please call 0844 338 8002.

The offer deadline is **Friday 20th May**.

Parents and guardians are expected to transport their children to and from the event (All tickets are subject to availability and first come, first served).

For more information about the event please visit www.britishathletics.org.uk

Please note this event is selling quickly so book now!



 **WANDA
DIAMOND
LEAGUE**

Be a Swap Rockstar!

1

Scan the barcode on your favourite foods

2

Swipe to see healthier choices

3

Swap next time you shop

Can you make 5 swaps?

Try colouring them in as you go*



Breakfast



Lunch or Dinner



Snack



Dessert



Drink



Name _____

has made 5 swaps and is a Swap Rockstar

NHS

Find healthier swaps for the whole family



Just scan, swipe, swap

Now it's your turn to try! 



Better Health

Let's do this



Download the FREE NHS Food Scanner App



ParentWise – A helping hand for parents and carers

As children get older and more independent, issues that affect them can be harder to spot and deal with.

Learning about potential dangers can give you the knowledge and skills to act if there is a problem. It could also help keep your child safe by preventing problems before they happen.

You know your child best, so if you've got a feeling something's up – you're right not to ignore it.

<https://parentwise.campaign.gov.uk/>

READY TO FIGHT FOOD WASTE?



RESCUE MAGIC BAGS OF SURPLUS, UNSOLD FOOD

FROM YOUR FAVOURITE SHOPS AND RESTAURANTS

Every day, delicious, fresh food goes to waste at cafes, restaurants, hotels, shops and manufacturers - just because it hasn't sold in time. The Too Good To Go app lets you buy and collect this food - at a great price - so it gets eaten instead of wasted. You won't know exactly what's in your order until you pick it up - it's all part of the surprise. Download the app to get started.

Download the app from the App Store or the Play Store, enter your postcode and see what is available near you.



Welcome to Quinton Pantry!

The Quinton Food pantry is collaboration between the Haven Community Project and B32 community. In response to the covid-19 pandemic we have both been involved with distributing food due to ongoing issues of Food Justice. We want to see a longer term solution to these issues of food injustice available for the people of Quinton and hope that the food pantry will form a part of this.

For a small weekly subscription of **£4**, members of this Pantry will be able to purchase a weekly food shop including fresh fruit and vegetables and family favourites to stock up the cupboard and fridge.

The address is:

Haven Centre
54 Rilstone Road
Quinton
Birmingham
B32 2NR

Opening times:

Friday: 12pm - 1.30pm

We are always looking for new volunteers so please get in touch if you would like to help us to run the pantry or support any of the other projects that we currently offer.

If you have any queries, please email rachel@havencommunityproject.com 



QUINTON & OLDBURY FOODBANK

MAIN LOCATION

St Boniface Church
Quinton Road West
Quinton,
B32 2QD

The Coffee Shop
151 Castle Road West
Oldbury, Sandwell
B68 0EL

PHONE

07732157619

WEBSITE

<http://quintonoldbury.foodbank.org.uk/>

EMAIL

info@quintonoldbury.foodbank.org.uk

2 FOODBANK CENTRE(S)

St Boniface Church

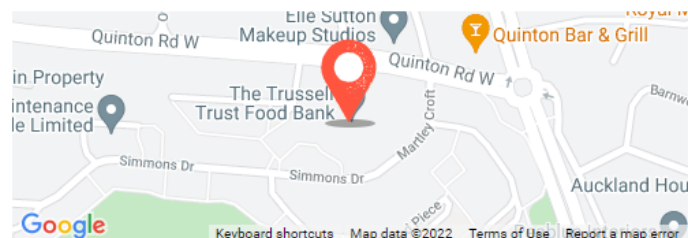
OPENING TIMES

Mon	Closed
Tue	Closed
Wed	11:00 - 13:00
Thu	Closed
Fri	Closed
Sat	Closed
Sun	Closed

ADDRESS

Quinton Road West
B32 2QD

[Directions via Google Maps](#)



The Coffee Shop

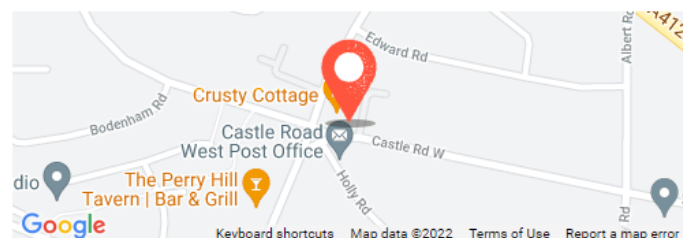
OPENING TIMES

Mon	Closed
Tue	Closed
Wed	Closed
Thu	Closed
Fri	10:00 - 12:30
Sat	Closed
Sun	Closed

ADDRESS

151 Castle Road West, Oldbury, Sandwell
B68 0EL

[Directions via Google Maps](#)





Volunteers Needed

Volunteer drivers needed approximately once a month to collect donations and/or deliver emergency food parcels.

You need only to spare as little as 1 hour.

If you are interested please contact Patrick on 07944198319 or email carolan57@icloud.com for more information.

Alternatively if you would like to volunteer during the running of foodbank please email info@quintonoldbury.foodbank.org.uk



**Fun and
engaging group
piano lessons
for 4-11 year
olds.**



**Learn to play
piano, read
music, compose,
perform and so
much more!**



**Book your trial lesson at Quinbourne
Community Centre now!
Visit www.keynotes-birmingham.co.uk**



Primary CAT Parent Awareness Course

THIS COURSE IS FOR PARENTS OF PRIMARY AGE CHILDREN.

We would like to invite you to a CAT PAC course, our parent awareness course designed to support you following your child receiving a diagnosis of autism.

- The course has been designed for parents who want to increase their understanding of autism and is open to all those whose children have a diagnosis of autism.
- The sessions will be delivered face to face at St Nicholas Place, 81 The Green, Kings Norton B38 8RU at the following times:

Tuesday 24th May between 12.30 and 2.30

Tuesday 7th June between 12.30 and 2.30

Tuesday 14th June between 12.30 and 2.30

Tuesday 21st June between 12.30 and 2.30

Tuesday 28th June between 12.30 and 2.30

Tuesday 5th July between 12.30 and 2.30

The following information will need to be provided to gain a place:

- Child/young person's name and school
- Your name and email address
- Your child/young person's CAT worker (if known)

The subject or title of your email needs to state that it is for the St Nicholas Place CAT PAC.

Due to limited places the course will be offered to the first fifteen families to contact us.
There is an expectation that parents endeavour to attend all sessions if possible.

Please email A2EGeneral@birmingham.gov.uk to reserve a place. You will receive an email response to confirm your place or to tell you that the course is full.

Yours sincerely,

Lisa Walmsley and Jane Brown Communication and Autism Team



Birmingham
City Council

Stay & Play

FRIDAYS 10AM-11:30AM
TERM TIME ONLY
FOR AGES 0 - 3 YEARS

VOLUNTARY £1 CONTRIBUTION PER FAMILY

Come along to our stay and play sessions, explore our soft play area and get messy. Have access to advice and support on many childcare aspects.



CALIFORNIA
Christian Centre

178 Stonehouse Lane
Bartley Green
Birmingham
B32 3AH
0121 427 7160

www.calcc.org.uk
info@calcc.org.uk



CaliforniaChristianCentre

email charlotte.stokes@parks4play.org or call 0788 2011 295 to book

Inclusive Play, Activities and Community Lunches in Bournbrook

Celebrate Birmingham's Commonwealth Games with special activities and lunch at

Parks for Play Coronation Road Play Centre, Bournbrook 11am-2.30pm on the last Sunday of each month. Every month is a chance to try out something new with trainers from **Creative Active Lives'** non-profit network of skilled practitioners:

- * Sunday 20th January, **Nerf Games** * Sunday 27th February, **Yoga with Sensory Props**
- * Sunday 27th March, **Circus Skills** * Sunday 24th April, **Interactive Giant Bubble Play**
- * Sunday 29th May, **Acrobatics for All** * Sunday 26th June, **Dance for Delight**

At all sessions there will be a range of inclusive play and physical opportunities and a great veggie lunch provided by award-winning social enterprise - **Change Kitchen**.

Primary aged children with additional needs living in Bournbrook and Selly Park Ward have priority access. Families should attend with their children and can bring older and younger siblings and relatives. **All sessions are free of charge (Donations are welcome).**

Booking is essential. We know a lot of families will want to attend and we will share out sessions equally according to demand. When you book, please tell us your favourite session (and second and third choices) so we can make sure children get their favourites.

Parks for Play is a charity made by parents, play and youth experts. We have 18 years experience delivering inclusive play opportunities for local children and young people at risk of isolation. We are based at Coronation Road Play Centre on the corner of Dawlish Road and Coronation Road in Bournbrook B29 7DE.

CELEBRATING COMMUNITIES

We're proud to be part of Birmingham City Council's Celebrating Communities initiative marking the 2022 Commonwealth Games and are grateful for support from communities and elected councillors in Bournbrook & Selly Oak ward.

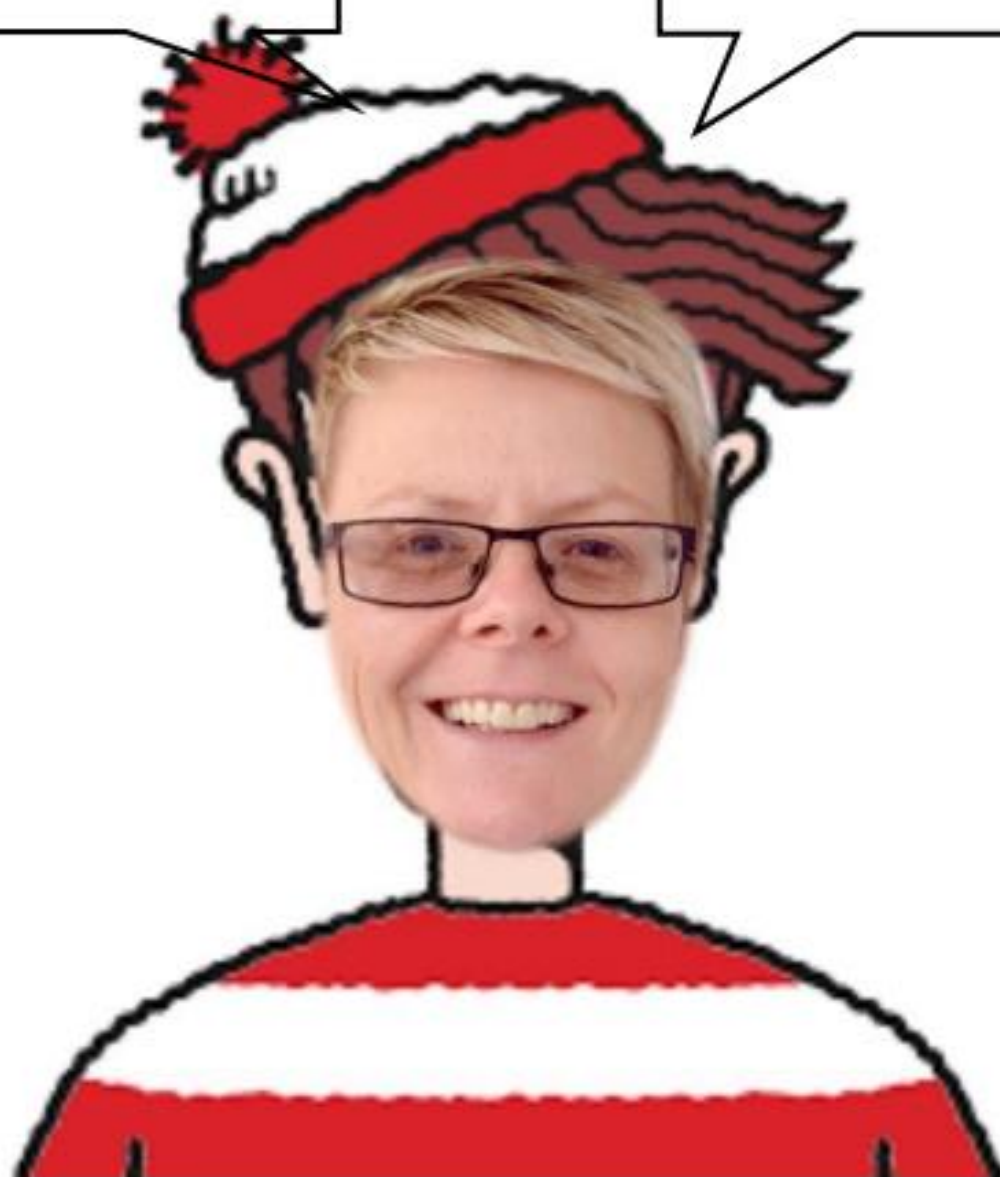
Along with our partners Change Kitchen and Creative Active Lives, we're part of the Children's Quarter alliance for social inclusion through cooperative working.

Where's Wendy?

Wendy can be found working with pupils. She can support pupils with their emotional well being.

Wendy can be found working with staff.

She is trained to help staff with a variety of issues that are affecting their life.



Did you know Wendy is a qualified therapist?

She is qualified in Counselling and Cognitive Behaviour Therapy.

If you'd like to speak to Wendy ask at Reception.

Wendy is in school on Thursdays.

Pause.

ForwardThinking
Birmingham



**Need someone to talk to?
Struggling to cope with feelings?
We're here for you.**

Pause can help, we listen and help you find solutions – no referrals or long waits, you choose when and how to use our service. Pause supports anyone under the age of 25 with a Birmingham GP via phone, video call or face to face session.

**To find out more and register for support, visit:
<https://forwardthinkingbirmingham.nhs.uk/pause>
or call our Registration Line **0207 841 4470**
(please note local call charges do apply).**

Drop-in sessions will be offered around the Birmingham area, not just in City Centre. For up to date locations, visit our website for more information.

Pause can offer:

- **A non-judgemental listening ear.**
- **Self-help strategies, skills for managing difficult situations and feelings.**
- **Detail of other support services that can help.**

Each session last around 20-30 minutes which focuses on ways forward.

Our Service Operates:

- **Monday, Wednesday, Thursday, Fridays - 10am-6pm**
- **Tuesdays 12pm-8pm**
- **Saturdays 10am-5pm**
- **We are Closed Sundays & Bank Holidays.**



The
Children's
Society

Help for all families in Birmingham



Food
& Energy



Youth
Support



Domestic
Abuse



Emergency
Funding



Money &
Debt Advice



Data & IT



Under 5's
Support



School Uniforms
& Clothing



Parenting



Special Needs
& Disabilities



Bereavement



Housing



Sexual
Health



Mental
Health



Play

Birmingham
Children's Partnership



Birmingham

Children's Partnership



Edgbaston

EarlyHelpEdgbaston@gatewayfs.org
0121 456 7821

Erdington

ErdingtonFamilies@compass-support.org.uk
0121 748 8199

Hall Green

Hallgreen.families@greensquareaccord.co.uk
07570 953519 (9:30am to 4:30pm)

Hodge Hill

EarlyHelp-Hodgehill@family-action.org.uk
07976 199894

Ladywood

childrenandfamilies@bsettlement.org.uk
07764 977636

Northfield

NorthfieldFamilies@northfieldcommunity.org
07516 918 133

Perry Barr

PerrybarrEHnetwork@spurgeons.org
0121 752 1900

Selly Oak

EarlyHelp.Billesley@gmail.com
0121 441 4556

Sutton Coldfield

SuttonEHnetwork@spurgeons.org
0121 752 1860

Yardley

EarlyHelpYardley@barnardos.org.uk
0121 289 4875





**Healthy Start
paper vouchers
will soon be
replaced with a
prepaid card**



Apply online [NOW](https://www.healthystart.nhs.uk/how-to-apply/)

The Healthy Start scheme is changing, with a new online application process and prepaid card, to replace the paper vouchers. Paper vouchers will no longer be issued after **31st March 2022** so it is very important that you apply for a prepaid card as you will no longer receive vouchers after the 31st March 2022. **You will not automatically be transferred onto the new scheme.**

To apply for the first time or get your new prepaid card, go to the Healthy Start website www.healthystart.nhs.uk/how-to-apply/ and follow the steps for applying.

Pregnant women and families with children under the age of 4 may be eligible for help to buy healthy food and milk if they are on certain benefits. Healthy Start vouchers are currently worth **£4.25** per week per child under the age of four - but if you have a child under one year, you could get two vouchers a week giving you **£8.50**

Sign up online today - www.healthystart.nhs.uk/how-to-apply/

(If you do not have access to a computer or phone, ask your health visitor, midwife, Children Centre, or another organisation that you receive support from)



**A BOLDER
BRIGHTER
BIRMINGHAM**



Birmingham
City Council



Healthy Eating/Recipes

- [Startwell 2020 \(startwellbirmingham.co.uk\)](http://startwell2020.startwellbirmingham.co.uk)
- www.nhs.uk/change4life/recipes
- <https://my.whisk.com/feed>
- [Healthy eating on a budget | BHF](#)
- [Diabetes-UK-African_Caribbean-Guide.pdf \(nhsforhvalley.com\)](#)
- [FINAL A5_Healthyeating_SAAsian7.qxd \(diabetes.org.uk\)](#)
- www.tomkerridge.com/full-time-meals/
- <https://www.youtube.com/watch?v=c-2gPJUOiM&list=PLb1P0NWdnLLMAWayc9IbIm-8abQ8oHcG8> - healthy eating webinars

Keeping Active

- [Disney Shake Up Games | 10 Minute Shake Up | Change4Life \(www.nhs.uk\)](#)
- Startwell being active - [180 Katie - Startwell 2020 \(startwellbirmingham.co.uk\)](#)
- [PE With Joe | 2021 - YouTube](#)

Useful sites

- Pregnancy start4life: www.nhs.uk/start4life/
- Birmingham Safeguarding Children Partnership: [Home - Birmingham Safeguarding Children Partnership \(lscpbirmingham.org.uk\)](#)
- Birmingham Forward Steps: [Birmingham Forward Steps – The best start for our children \(bhamforwardsteps.co.uk\)](#)
- Supporting children's mental health: [Coronavirus: wellbeing activity ideas for families \(place2be.org.uk\)](#)
- Mental wellbeing: [Home - Kooth](#)
- ICON: [ICON - Babies cry you can cope - Advice and Support | ICON \(iconcope.org\)](#)
- Food Banks: [All Food Banks | Find FoodBanks Brum](#)
- Healthy Start webinar: <https://www.youtube.com/watch?v=ko3TP07EurE>

Inclusion Events:

Coming up...



With many restrictions now being lifted, we will soon be able to start our parent's coffee morning sessions again. We would love for you to join us at one of our Parent Coffee mornings or at an Inclusion surgery. The Inclusion surgery is available for you to book an appointment to talk to a member of staff about any concerns or if you require support or advice around any issues or difficulties you may be having. To arrange a meeting please email sensupport@woodhouse.uwmat.co.uk

Our Inclusion calendar of events are as follows:

Date	Focus
9th June 9am-10am	Parents Coffee Morning - Transition
16th June 9am-11am	Inclusion Surgery
7th July 9am-10am	Parents Coffee Morning - focus TBA

The Inclusion Team at Woodhouse



Miss T Mason
SENCo
Assistant Head



Mr R Kennedy
Learning Mentor
DSL



Mr C Oakley
Assistant Head
Key Stage 1



Miss C Lavelle
Assistant Head
Key Stage 2



Mrs H Sumner
Year 2 TA
Pastoral Support

The Inclusion Team at Woodhouse work together with children and families to offer and provide support and opportunities to ensure that all have the chance to achieve and succeed.

If you have anything you would like to discuss with a member of the team regarding your child or children's learning, behaviour, well-being, health or anything else then please get in touch. families@woodhouse.uwmat.co.uk

If you'd like to get in touch with us regarding Special Educational Needs, you can do this by emailing us at sensupport@woodhouse.uwmat.co.uk

The Inclusion Team will also be on the front and rear gates at the start and end of the day and will be more than happy to talk.

We would like to remind families that if times are difficult or you are going through a tough time, you need only ask and we will do all we can. Of course, we are always here for your children, and we will do anything which we can do to help them to learn, succeed and become fine citizens. We are also there for our families and the wider school community. If we can help in any way: with food bank support, support with uniforms and clothing or with any other aspect of life, then please get in touch. If we cannot help directly, we can often sign post to the support needed and help you to access assistance. Please don't suffer in silence.

Feeling overwhelmed? Struggling to cope?

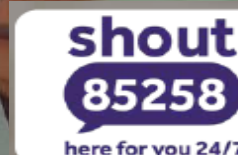


Anna Freud
National Centre for
Children and Families

Text AFC to 85258

Text the free, confidential textline

All texts are answered by trained volunteers,
with support from experienced clinical specialists





Help for all families



We've all been through a tough time recently.

The following organisations have partnered to provide services and support, which might make life a little bit easier...

Birmingham Children's Partnership includes: Birmingham City Council, Birmingham Children's Trust, Birmingham and Solihull Clinical Commissioning Group, Birmingham Community Healthcare NHS Foundation Trust, Birmingham Women's and Children's NHS Foundation Trust, West Midlands Police and Birmingham Voluntary Sector Council.

There is support available for domestic abuse, parenting courses, mental health support, financial help, alcohol and drug problems, bereavement support and more.

Follow these links to find out more:

<https://www.birmingham.gov.uk/love>

https://www.birmingham.gov.uk/info/50224/birmingham_children_s_partnership/2156/birmingham_children_s_partnership_-_resources

Alternatively, speak to a member of the Inclusion Team for more advice / support.

In most cases, you can self-refer for support.

One example of support they can offer is with emergency food and supplies grants of up to £100.

From Birmingham with Love



We've all been through a tough time with Covid-19 and repeated lockdowns. For many families it can get harder over Winter, which is why we're here to help. Here are some of our partners' most used services and support, which might make life a little bit easier...



1. **Online parenting course.** We've pre-paid for every parent in Birmingham to access a [parenting course](#). Just enter the access code "COMMUNITY" at the top of the page to claim. There are courses for parents, carers and grandparents of children from bump to 19. Learn about how your child develops, and get tips to manage their behaviour.



2. **Mental health support.** In these difficult times we have to look after our mental health. For young people aged 11-25 there are forums, guides and counselling available at [Kooth](#). If your child 0-25 needs support, get in touch with Pause by calling 0207 841 4470 or [email](#). Adults can get support from [MIND](#) by calling 0121 262 3555. Or for urgent help call [Forward Thinking Birmingham](#) on 0300 300 0099.



3. **Financial help.** If you've lost your job, or are struggling for food or rent there are services that can help. [Local welfare provision](#) can make a big difference if you are in a crisis and need food, fuel or basic white goods. [Discretionary Housing Payments](#) may be able to help with rent. And there are [food banks](#) across Birmingham that are here to help.



4. **Domestic abuse.** For women and children affected by domestic abuse please see [guidance](#) or confidentially contact [Birmingham and Solihull Women's Aid](#). For Men, please contact [Respect](#).



5. **Problems with drugs or alcohol.** A new, discrete app called Staying Free is available on Android or Apple. Use the code "birmingham11" for pre-paid access. To speak to someone call [Change Grow Live](#).



6. **Bereavement support.** It's a terrible time to lose a loved one — you can get help by calling 0121 687 8010 or from [Cruse](#).



7. **Early help for families.** If anyone in your family needs more help, from public services or community groups, then please contact our [voluntary sector local leads](#). We have ten areas which can connect you to support across the city.

If you are worried about a child, please call Birmingham's Children's Advice and Support Service on 0121 303 1888. In an emergency, including child abuse, contact the Police on 999. You can also [chat](#) to the Police.

OPENING FEB 1ST 2022



POWER GYMNASTICS TRAMPOLINE

AGE 4-6 RECREATIONAL TRAMPOLINE : TUESDAY 5:30 – 6:30

SATURDAY 2:30 – 3:30

AGE 7+ RECREATIONAL TRAMPOLINE : TUESDAY 6:30 – 7:30

SATURDAY 3:30 – 4:30

PRE-DEVELOPMENT / DEVELOPMENT / COMPETITION SQUAD
SQUAD TRIALS AVAILABLE

FOR MORE INFORMATION: EMAIL
PowerGymnasticsTrampoline@outlook.com OR
CALL 07807297641



FOUR DWELLINGS ACADEMY
DWELLINGS LN, QUINTON,
BIRMINGHAM, B32 1RJ



: POWERGYMNASTICSTRAMPOLINE



: POWERGYMNASTICSTRAMPOLINE



DRAMA CLUB!

West Heath Community Centre

Every SATURDAY starting 9th April

Cornwall Hall

10am 4-7 year olds

11am 8-11 year olds

£10 per session

BOOK NOW Call/ Text 07824632825



Follow our new page, just search The Happy Phoenix



THE HAPPY PHOENIX

EXPLORE CREATE INSPIRE

REBUILD OUR NHS: GET PRIVATE PROFITS OUT

Why?

From the 1st of July 2022 our NHS across England will be reorganised. England will be divided into 42 new NHS bodies called Integrated Care Systems (ICS). Our local NHS will be controlled by a board of directors with a duty to provide healthcare for people in our area.

This reorganisation of the NHS provides our local NHS leaders an

opportunity to reset the direction of travel of our NHS. Instead of continuing full steam toward more and more privatisation they must put the needs of local people first.

After a pandemic that has brought our NHS to its knees and 10 years of chronic underfunding by the government, we demand that our local NHS leaders rebuild our NHS and get private profiteers out **NOW**.

This reorganisation of the NHS in England is set out in the Health and Care Bill. The bill leaves the door wide open for private companies to be involved in making decisions about the care we receive in the NHS and gives them the opportunity to make huge profits from the NHS.

Our local NHS must work for us, our families, friends, neighbours and local people, not for private profiteering healthcare companies. A recent poll found that 76% of us want to end privatisation in the NHS.

Will you demand that our NEW local NHS leaders rebuild our NHS for people over profit?



What you can do NOW!

Open your smartphone camera and scan the QR code and send the email to our local NHS leaders in less than 2 minutes. Or visit bit.ly/FindMyNHS to send the email.



www.weownit.org.uk

we
own
it

REBUILD OUR NHS: GET PRIVATE PROFITS OUT



Let's rebuild an NHS for people over profit!

We demand:

- 1 A ban on private companies on NHS boards and committees
- 2 A ban on private companies sitting on committees that decide who runs NHS services
- 3 An end to the outsourcing and privatisation of NHS services

we
own
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Useful links

<https://homelearning.woodhouse.academy>

Additional learning resources and activities.

<https://www.woodhouse.priacademy.co.uk/news-and-events/parental-assistance>

Our parental assistance page with plenty of avenues of support.

<https://www.woodhouse.priacademy.co.uk/news-and-events/school-news>

Up to date school news.

<https://www.woodhouse.priacademy.co.uk/news-and-events/wider-opening>

Access our latest risk assessment, detailing our safety measures.

<https://your-local-pantry.force.com/s/member-sign-up>

The Food Pantry – Quinton

<https://www.theprojectbirmingham.org/housing-advice/>

Support with housing

<https://www.cicadasports.co.uk/index.php?route=product/search&search=woodhouse>

To purchase school uniform and PE kits.



**Woodhouse Primary
Sweatshirt**

SPECIAL ..

£11.95

Ex Tax: £11.95



**Woodhouse Primary
Cardigan**

SPECIAL ..

£13.95

Ex Tax: £13.95



**Woodhouse Primary
Fleece**

SPECIAL ..

£14.95

Ex Tax: £14.95



**Woodhouse Primary
Reversible Jacket**

SPECIAL ..

£29.95

Ex Tax: £29.95



Woodhouse PE Tee

SPECIAL ..

£14.95

Ex Tax: £14.95



Woodhouse Tracksuit

SPECIAL ..

£35.95

Ex Tax: £35.95



**Woodhouse Tracksuit
and Tee**

SPECIAL ..

£44.95

Ex Tax: £44.95