

NEWSLETTER



18th February 2022

How to get in touch



@WoodhousePA



0121 464 1769



www.woodhouse.priacademy.co.uk



enquiries@woodhouse.uwmat.co.uk



07950368561 – Families mobile to call or text with any queries. Monitored by the Inclusion Team



families@woodhouse.uwmat.co.uk

- Use this for any queries. Monitored by the Inclusion Team



sensupport@woodhouse.uwmat.co.uk

- Use this for any queries about any additional learning needs or concerns.



homelearning@woodhouse.uwmat.co.uk

- Use this for any support with home learning or using Google Classroom.



Newsletter@woodhouse.uwmat.co.uk

- Use this to send us anything you'd like put in the newsletter. This can be photos, learning, resources and any good news stories you may have.

Useful links

<https://homelearning.woodhouse.academy>

Additional learning resources and activities.

<https://www.woodhouse.priacademy.co.uk/news-and-events/parental-assistance>

Our parental assistance page with plenty of avenues of support.

Up to date school news.

<https://www.woodhouse.priacademy.co.uk/news-and-events/school-news>

Access our latest risk assessment, detailing our safety measures.

<https://www.woodhouse.priacademy.co.uk/news-and-events/wider-opening>

The Food Pantry – Quinton

<https://your-local-pantry.force.com/s/member-sign-up>

Support with housing

<https://www.theprojectbirmingham.org/housing-advice/>



School Dinner Menu

28th February

– 4th March

NOTE: We operate a 3-week rolling menu. Keep an eye on the menu each week for changes.

We are struggling with supplier issues due to the pandemic. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Burger in a Bun	Chicken Curry	Honey Roasted Gammon	Beef Spaghetti Bolognese	Pizza Day
Vegetable Fingers	Vegetable Curry	Honey Roasted Quorn		Cheese and Tomato or Pepperoni Pizza
With Herby Diced Potatoes and Mixed Salad	With Pilau Rice and Naan Bread	With Potatoes and Seasonal Vegetables	Quorn Spaghetti Bolognese	With Chips and Fresh Salad or Vegetables
			With Garlic Bread and Mixed Salad	
Strawberry Mousse	Apple Crumble and Custard	Fruit Jelly	Fruit Sponge and Custard	Selection of Fruit Desserts

Food Allergies

In order to keep our dietary records up to date, please inform the main office of any changes to your child's dietary requirements, allergies and intolerances. We are able to cater for most requirements but must know in advance.

If your child only eats Halal meats but can eat fish, please also let the main office know. We do not serve Halal meats.

Please either contact the main office on 0121 464 1769 or email the Inclusion Team on families@woodhouse.uwmat.co.uk

Please also remember that we are a NUT FREE school.



The following children are Stars of the Week for the week ending 18th February.

Nursery

Trishandeep
Keerthi

Reception

Ariel
Koosha
Tania
Eva

Year One

Zachary
Inayat
Evelyn
Mason

Year Two

Kylen
Rhyley-Joe
Freya
Saihaan
Nathan

Year Three

Mollie
Harley-Ray
Ruben
Nathaniel

Year Four

Sienna
Lexi
Youzarsif
Eva

Year Five

Harry K
Sebastian
Mylee
Rose
Lacey
Charlie

Year Six

Marcia
Faisal
Tinashe
Natalia
Jack
James

Congratulations to all of these children who have put in a fantastic effort this week. They have been nominated by their teachers. We are really impressed with the level of learning from all children. What can you do to be Star of the Week next week?




7th – 11th February 2022

Yearly attendance is currently running at: **92.74%**
Last Week's attendance:

EYFS & KS1: **92.07%** KS2: **93.92%** Whole School: **93.32%**

Our Attendance target for this year is 97%

Class	Attendance for the week		Class	Attendance for the week
Nursery	85%		3A	92.76%
RS	81.21%		3N	86%
RW	83.56%		4H	98.33%
1L	88.62%		4SO	99%
1O	93.23%		5H	83.33%
2C	91.03%		5W	95.48%
2G	98.62%		6D	97.74%
RR	83.08%		6W	100% 
			6WL	98.41%



Congratulations to **6W** who had the best class attendance last week.

Will your class have had the best attendance this week?

Note for parents: Can children with pierced ears please wear studs to school rather than hoops. This is for safety reasons. Especially on PE days.

Spring Term 2022

Monday 21st February to Friday 25th February – Half Term

Thursday 3rd March – Parents Evening

Thursday 3rd March – World Book Day – Dress up day

Tuesday 8th March – Parents Evening

Friday 8th April – Last day of term for all children

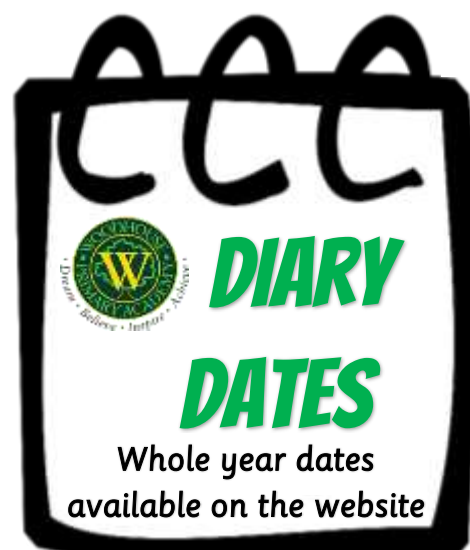
Summer Term 2022

Monday 25th April – First day school opens for children

Monday 30th May to Friday 3rd June – Half Term

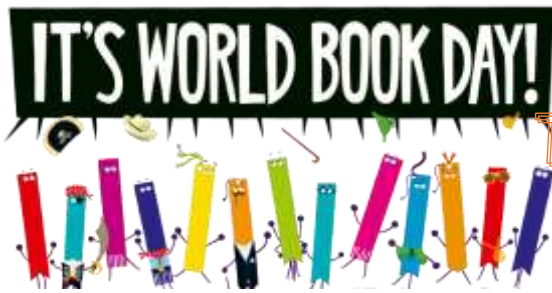
Wednesday 20th July – Last day of school year for children

Thursday 21st July – Inset day, school closed to children



Whole year dates
available on the website

Thursday 3rd March 2022!



The line-up this year includes..

Visit to the Local Library

Be sure to return your library forms by **Monday 14th February** at the very latest. If you already have a library card, just bring it with you on the day you will be visiting!



THE GREAT BIG BOOK SWAP!

Find a book from home which is still in good condition, and you think someone else might love. Label what age you think it will be appropriate for and bring it in to school to be re-gifted to someone who will love it as much as you. All books to be brought to school by **Friday 18th February please!**

School wide Cluedo!

Find the famous book covers which have been hidden around school. Can you find the book cover which committed the crime and in what room they did it?



Dress up as a book character

This year you can choose to dress up as either your favourite book character or you can choose to join in with the book theme your teachers have chosen. Be sure to ask them what their costume will be but keep it a secret from other classes for our assembly!

Pop to the school website to find our letter for more information.



Year 5 have created these wonderful Pastel Tudor Monarch portraits in their art lessons.

The
ART
Corner

Woodhouse PE kits

Here at Woodhouse, we know that our children are AMAZING in their PE lessons. They have also been fantastic at remembering to wear their PE kits to school on their PE days. We think it's about time we all looked just as good whilst doing PE.



How smart do Lewis and Ella look modelling our new PE kits? These can be purchased via the link to our supplier, Cicada Sports. There is a discounted price for purchasing the full set too.

We are going to be encouraging our staff to take advantage of our new kits too so that we can all look incredibly smart together.

Here's the link to the website for purchasing new PE kits if you would like to do so:

<https://www.cicadasports.co.uk/index.php?route=product/search&search=woodhouse>

Have you heard about the Parent Carer Wellbeing Study?

www.parentcarerwellbeing.org

It's a national survey of parent carers in England and by sharing your experiences you can help researchers develop better support for carers in crisis.

The study is being led by the University of Exeter and the survey has been co-designed by carers.

There's no limit on the type of illness or disability your child has and parents, step-parents, foster parents, kinship carers, and legal guardians are all welcome, as long as you live in England and your child is under 18.

To complete the survey online, or request a copy by post, go to www.parentcarerwellbeing.org

Videos

If you want to include a video with the social media posts, here are links to two short films about the study:

Anna's Story: [The Parent Carer Wellbeing Study – Anna's Story - YouTube](#)

Julia's Story: [The Parent Carer Wellbeing Study – Julia's Story - YouTube](#)

Here is a short survey about Speech, Language and Communication Need.

Please complete if you can:

<https://www.surveymonkey.co.uk/r/QJK2GR6>

On Saturday 19th February we are hosting a free [‘Come and Try’](#) event for our Inclusive Choir and we would like to invite you to join us! This choir for anybody aged 25 and under. You don’t need any musical experience and you can join in by singing, Makaton signing, dancing or playing a soundmaker.

This is a great opportunity to find out more about the choir and see if you like it. You will have the chance to meet current members and the Choir Leaders, and of course sing some songs, play your soundmakers, or share your voice in whichever way suits you.

The ‘Come and Try’ event will take place in 5 venues across the West Midlands at 11am this Saturday. For more information, visit our website: <https://macbirmingham.co.uk/event/west-midlands-inclusive-choir-come-and-try>



READY TO FIGHT FOOD WASTE?



RESCUE MAGIC BAGS OF SURPLUS, UNSOLD FOOD

FROM YOUR FAVOURITE SHOPS AND RESTAURANTS

Every day, delicious, fresh food goes to waste at cafes, restaurants, hotels, shops and manufacturers - just because it hasn't sold in time. The Too Good To Go app lets you buy and collect this food - at a great price - so it gets eaten instead of wasted. You won't know exactly what's in your order until you pick it up - it's all part of the surprise. Download the app to get started.

Download the app from the App Store or the Play Store, enter your postcode and see what is available near you.



Welcome to Quinton Pantry!

The Quinton Food pantry is collaboration between the Haven Community Project and B32 community. In response to the covid-19 pandemic we have both been involved with distributing food due to ongoing issues of Food Justice. We want to see a longer term solution to these issues of food injustice available for the people of Quinton and hope that the food pantry will form a part of this.

For a small weekly subscription of **£4**, members of this Pantry will be able to purchase a weekly food shop including fresh fruit and vegetables and family favourites to stock up the cupboard and fridge.

The address is:

Haven Centre
54 Rilstone Road
Quinton
Birmingham
B32 2NR

Opening times:

Friday: 12pm - 1.30pm

We are always looking for new volunteers so please get in touch if you would like to help us to run the pantry or support any of the other projects that we currently offer.

If you have any queries, please email rachel@havencommunityproject.com 



QUINTON & OLDBURY FOODBANK

MAIN LOCATION

St Boniface Church
Quinton Road West
Quinton,
B32 2QD

The Coffee Shop
151 Castle Road West
Oldbury, Sandwell
B68 0EL

PHONE

07732157619

WEBSITE

<http://quintonoldbury.foodbank.org.uk/>

EMAIL

info@quintonoldbury.foodbank.org.uk

2 FOODBANK CENTRE(S)

St Boniface Church

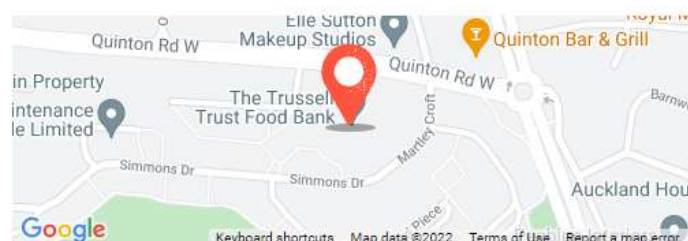
OPENING TIMES

Mon	Closed
Tue	Closed
Wed	11:00 - 13:00
Thu	Closed
Fri	Closed
Sat	Closed
Sun	Closed

ADDRESS

Quinton Road West
B32 2QD

[Directions via Google Maps](#)



The Coffee Shop

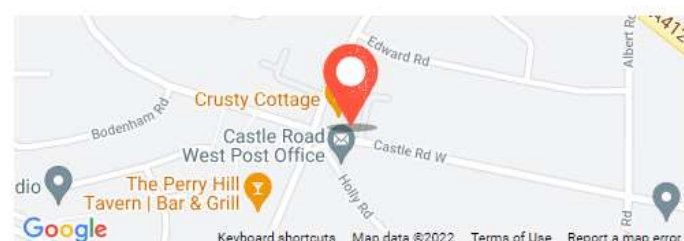
OPENING TIMES

Mon	Closed
Tue	Closed
Wed	Closed
Thu	Closed
Fri	10:00 - 12:30
Sat	Closed
Sun	Closed

ADDRESS

151 Castle Road West, Oldbury, Sandwell
B68 0EL

[Directions via Google Maps](#)



Stay & Play

FRIDAYS 10AM-11:30AM
TERM TIME ONLY
FOR AGES 0 - 3 YEARS

VOLUNTARY £1 CONTRIBUTION PER FAMILY

Come along to our stay and play sessions, explore our soft play area and get messy. Have access to advice and support on many childcare aspects.



CALIFORNIA
Christian Centre

178 Stonehouse Lane
Bartley Green
Birmingham
B32 3AH
0121 427 7160

www.calcc.org.uk
info@calcc.org.uk



CaliforniaChristianCentre

Inclusive Play, Activities and Community Lunches in Bournbrook

Celebrate Birmingham's Commonwealth Games with special activities and lunch at

Parks for Play Coronation Road Play Centre, Bournbrook 11am-2.30pm on the last

Sunday of each month. Every month is a chance to try out something new with trainers from **Creative Active Lives'** non-profit network of skilled practitioners:

- * Sunday 20th January, **Nerf Games** * Sunday 27th February, **Yoga with Sensory Props**
- * Sunday 27th March, **Circus Skills** * Sunday 24th April, **Interactive Giant Bubble Play**
- * Sunday 29th May, **Acrobatics for All** * Sunday 26th June, **Dance for Delight**

At all sessions there will be a range of inclusive play and physical opportunities and a great veggie lunch provided by award-winning social enterprise - **Change Kitchen**.

Primary aged children with additional needs living in Bournbrook and Selly Park Ward have priority access. Families should attend with their children and can bring older and younger siblings and relatives. **All sessions are free of charge (Donations are welcome).** **Booking is essential.** We know a lot of families will want to attend and we will share out sessions equally according to demand. When you book, please tell us your favourite session (and second and third choices) so we can make sure children get their favourites.

Parks for Play is a charity made by parents, play and youth experts. We have 18 years experience delivering inclusive play opportunities for local children and young people at risk of isolation. We are based at Coronation Road Play Centre on the corner of Dawlish Road and Coronation Road in Bournbrook B29 7DE.

CELEBRATING COMMUNITIES

We're proud to be part of Birmingham City Council's Celebrating Communities initiative marking the 2022 Commonwealth Games and are grateful for support from communities and elected councillors in Bournbrook & Selly Oak ward.

Along with our partners Change Kitchen and Creative Active Lives, we're part of the Children's Quarter alliance for social inclusion through cooperative working.

Where's Wendy?

Wendy can be found working with pupils. She can support pupils with their emotional well being.

Wendy can be found working with staff.

She is trained to help staff with a variety of issues that are affecting their life.



Did you know Wendy is a qualified therapist?

She is qualified in Counselling and Cognitive Behaviour Therapy.

If you'd like to speak to Wendy ask at Reception.

Wendy is in school on Thursdays.

Pause.

**Need someone to talk to?
Struggling to cope with feelings?
We're here for you.**

Pause can help, we listen and help you find solutions – no referrals or long waits, you choose when and how to use our service. Pause supports anyone under the age of 25 with a Birmingham GP via phone, video call or face to face session.

**To find out more and register for support, visit:
<https://forwardthinkingbirmingham.nhs.uk/pause>
or call our Registration Line **0207 841 4470**
(please note local call charges do apply).**

Drop-in sessions will be offered around the Birmingham area, not just in City Centre. For up to date locations, visit our website for more information.

Pause can offer:

- **A non-judgemental listening ear.**
- **Self-help strategies, skills for managing difficult situations and feelings.**
- **Detail of other support services that can help.**

Each session last around 20-30 minutes which focuses on ways forward.

Our Service Operates:

- **Monday, Wednesday, Thursday, Fridays - 10am-6pm**
- **Tuesdays 12pm-8pm**
- **Saturdays 10am-5pm**
- **We are Closed Sundays & Bank Holidays.**



Help for all families in Birmingham



Food
& Energy



Youth
Support



Domestic
Abuse



Emergency
Funding



Money &
Debt Advice



Data & IT



Under 5's
Support



School Uniforms
& Clothing



Parenting



Special Needs
& Disabilities



Bereavement



Housing



Sexual
Health



Mental
Health



Play

Birmingham
Children's Partnership



Birmingham

Children's Partnership



Edgbaston

EarlyHelpEdgbaston@gatewayfs.org
0121 456 7821

Erdington

ErdingtonFamilies@compass-support.org.uk
0121 748 8199

Hall Green

Hallgreen.families@greensquareaccord.co.uk
07570 953519 (9:30am to 4:30pm)

Hodge Hill

EarlyHelp-Hodgehill@family-action.org.uk
07976 199894

Ladywood

childrenandfamilies@bsettlement.org.uk
07764 977636

Northfield

NorthfieldFamilies@northfieldcommunity.org
07516 918 133

Perry Barr

PerrybarrEHnetwork@spurgeons.org
0121 752 1900

Selly Oak

EarlyHelp.Billesley@gmail.com
0121 441 4556

Sutton Coldfield

SuttonEHnetwork@spurgeons.org
0121 752 1860

Yardley

EarlyHelpYardley@barnardos.org.uk
0121 289 4875



Pregnant? Children under four?

Don't miss out on **HEALTHY START**
food and vitamin vouchers worth
over £900 per child*

FREE

fruit, veg, milk
and vitamins for
you and your family.
Worth up to

£8.50

per week**

You may qualify for Healthy Start vouchers if
you're **at least 10 weeks pregnant** or have
a child under four years old. Your family
must also receive one of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Child Tax Credit (with a family income of £16,190 or less per year)
- Universal Credit (with a family take-home pay of £408 or less per month).

You also qualify if you are
under 18 and pregnant, even
if you don't get any of
the above benefits.

Sign up today www.healthystart.nhs.uk
or telephone **0345 6076823**

Healthy Start

Give your family a Healthy Start

* If you sign up at the first opportunity, when you are ten weeks pregnant

** If your child is under one, you'll receive two £4.25 vouchers per week.

If your child is 1-4 years old, you will receive one £4.25 voucher per week.





Healthy Eating/Recipes

- [Startwell_2020 \(startwellbirmingham.co.uk\)](http://startwell_2020(startwellbirmingham.co.uk))
- www.nhs.uk/change4life/recipes
- <https://my.whisk.com/feed>
- [Healthy eating on a budget | BHF](#)
- [Diabetes-UK-African_Caribbean-Guide.pdf \(nhsforhvalley.com\)](http://Diabetes-UK-African_Caribbean-Guide.pdf(nhsforhvalley.com))
- [FINAL A5_Healthyeating_SAsian7.qxd \(diabetes.org.uk\)](http://FINAL A5_Healthyeating_SAsian7.qxd(diabetes.org.uk))
- www.tomkerridge.com/full-time-meals/
- <https://www.youtube.com/watch?v=c-2gPJUOiqM&list=PLb1P0NWdnLLMAWayc9IbIm-8abQ8oHcG8> - healthy eating webinars

Keeping Active

- [Disney Shake Up Games | 10 Minute Shake Up | Change4Life \(www.nhs.uk\)](#)
- Startwell being active - [180 Katie - Startwell_2020 \(startwellbirmingham.co.uk\)](http://180Katie-Startwell_2020(startwellbirmingham.co.uk))
- [PE With Joe | 2021 - YouTube](#)

Useful sites

- Pregnancy start4life: www.nhs.uk/start4life/
- Birmingham Safeguarding Children Partnership: [Home - Birmingham Safeguarding Children Partnership \(lscpbirmingham.org.uk\)](http://Home-BirminghamSafeguardingChildrenPartnership(lscpbirmingham.org.uk))
- Birmingham Forward Steps: [Birmingham Forward Steps – The best start for our children \(bhamforwardsteps.co.uk\)](http://BirminghamForwardSteps-Thebeststartforourchildren(bhamforwardsteps.co.uk))
- Supporting children's mental health: [Coronavirus: wellbeing activity ideas for families \(place2be.org.uk\)](http://Coronavirus:wellbeingactivityideasforfamilies(place2be.org.uk))
- Mental wellbeing: [Home - Kooth](#)
- ICON: [ICON - Babies cry you can cope - Advice and Support | ICON \(iconcope.org\)](http://ICON-Babiescryyoucancope-AdviceandSupport|ICON(iconcope.org))
- Food Banks: [All Food Banks | Find FoodBanks Brum](#)
- Healthy Start webinar: <https://www.youtube.com/watch?v=ko3TP07EurE>

The Inclusion Team at Woodhouse from September



Miss T Mason
SENDCo
Assistant Head



Mr R Kennedy
Learning Mentor
DSL



Mr C Oakley
Assistant Head
Key Stage 1



Miss C Lavelle
Assistant Head
Key Stage 2



Mrs H Sumner
Year 2 TA
Pastoral Support

The Inclusion Team at Woodhouse work together with children and families to offer and provide support and opportunities to ensure that all have the chance to achieve and succeed.

If you have anything you would like to discuss with a member of the team regarding your child or children's learning, behaviour, well-being, health or anything else then please get in touch. families@woodhouse.uwmat.co.uk

If you'd like to get in touch with us regarding Special Educational Needs, you can do this by emailing us at sensupport@woodhouse.uwmat.co.uk

The Inclusion Team will also be on the front and rear gates at the start and end of the day and will be more than happy to talk.

We would like to remind families that if times are difficult or you are going through a tough time, you need only ask and we will do all we can. Of course, we are always here for your children, and we will do anything which we can do to help them to learn, succeed and become fine citizens. We are also there for our families and the wider school community. If we can help in any way: with food bank support, support with uniforms and clothing or with any other aspect of life, then please get in touch. If we cannot help directly, we can often sign post to the support needed and help you to access assistance. Please don't suffer in silence.

Feeling overwhelmed? Struggling to cope?



Anna Freud
National Centre for
Children and Families

Text AFC to 85258

Text the free, confidential textline

All texts are answered by trained volunteers,
with support from experienced clinical specialists

shout
85258
here for you 24/7



We've all been through a tough time recently.

The following organisations have partnered to provide services and support, which might make life a little bit easier...

Birmingham Children's Partnership includes: Birmingham City Council, Birmingham Children's Trust, Birmingham and Solihull Clinical Commissioning Group, Birmingham Community Healthcare NHS Foundation Trust, Birmingham Women's and Children's NHS Foundation Trust, West Midlands Police and Birmingham Voluntary Sector Council.

There is support available for domestic abuse, parenting courses, mental health support, financial help, alcohol and drug problems, bereavement support and more.

Follow these links to find out more:

<https://www.birmingham.gov.uk/love>

<https://www.birmingham.gov.uk/info/50224/birmingham-children-s-partnership/2156/birmingham-children-s-partnership-resources>

Alternatively, speak to a member of the Inclusion Team for more advice / support.

In most cases, you can self-refer for support.

One example of support they can offer is with emergency food and supplies grants of up to £100.

From Birmingham with Love



We've all been through a tough time with Covid-19 and repeated lockdowns. For many families it can get harder over Winter, which is why we're here to help. Here are some of our partners' most used services and support, which might make life a little bit easier...



1. **Online parenting course.** We've pre-paid for every parent in Birmingham to access a [parenting course](#). Just enter the access code "COMMUNITY" at the top of the page to claim. There are courses for parents, carers and grandparents of children from bump to 19. Learn about how your child develops, and get tips to manage their behaviour.



2. **Mental health support.** In these difficult times we have to look after our mental health. For young people aged 11-25 there are forums, guides and counselling available at [Kooth](#). If your child 0-25 needs support, get in touch with Pause by calling 0207 841 4470 or [email](#). Adults can get support from [MIND](#) by calling 0121 262 3555. Or for urgent help call [Forward Thinking Birmingham](#) on 0300 300 0099.



3. **Financial help.** If you've lost your job, or are struggling for food or rent there are services that can help. [Local welfare provision](#) can make a big difference if you are in a crisis and need food, fuel or basic white goods. [Discretionary Housing Payments](#) may be able to help with rent. And there are [food banks](#) across Birmingham that are here to help.



4. **Domestic abuse.** For women and children affected by domestic abuse please see [guidance](#) or confidentially contact [Birmingham and Solihull Women's Aid](#). For Men, please contact [Respect](#).



5. **Problems with drugs or alcohol.** A new, discrete app called Staying Free is available on Android or Apple. Use the code "birmingham11" for pre-paid access. To speak to someone call [Change Grow Live](#).



6. **Bereavement support.** It's a terrible time to lose a loved one — you can get help by calling 0121 687 8010 or from [Cruse](#).



7. **Early help for families.** If anyone in your family needs more help, from public services or community groups, then please contact our [voluntary sector local leads](#). We have ten areas which can connect you to support across the city.

If you are worried about a child, please call Birmingham's Children's Advice and Support Service on 0121 303 1888. In an emergency, including child abuse, contact the Police on 999. You can also [chat](#) to the Police.

OPENING FEB 1ST 2022



POWER GYMNASTICS TRAMPOLINE

AGE 4-6 RECREATIONAL TRAMPOLINE : TUESDAY 5:30 – 6:30

SATURDAY 2:30 – 3:30

AGE 7+ RECREATIONAL TRAMPOLINE : TUESDAY 6:30 - 7:30

SATURDAY 3:30 – 4:30

PRE-DEVELOPMENT / DEVELOPMENT / COMPETITION SQUAD
SQUAD TRIALS AVAILABLE

FOR MORE INFORMATION: EMAIL
PowerGymnasticsTrampoline@outlook.com OR
CALL 07807297641



FOUR DWELLINGS ACADEMY
DWELLINGS LN, QUINTON,
BIRMINGHAM, B32 1RJ



: POWERGYMNASTICSTRAMPOLINE



: POWERGYMNASTICSTRAMPOLINE

MAGIC ★ ★ ★
LITTLE GRANTS



Quinton
**YOUTH
FOR CHRIST**

The Wizard Of Oz



**25th & 26th Feb 2022
2:30pm & 7:30pm
@Four Dwellings
Academy**



seaty.co.uk/wizardofozquinton for tickets