

# NEWSLETTER



**28<sup>th</sup> January 2022**

## **How to get in touch**



@WoodhousePA



0121 464 1769



[www.woodhouse.priacademy.co.uk](http://www.woodhouse.priacademy.co.uk)



[enquiries@woodhouse.uwmat.co.uk](mailto:enquiries@woodhouse.uwmat.co.uk)



07950368561 – Families mobile to call or text with any queries. Monitored by the Inclusion Team



[families@woodhouse.uwmat.co.uk](mailto:families@woodhouse.uwmat.co.uk)

- Use this for any queries. Monitored by the Inclusion Team



[sensupport@woodhouse.uwmat.co.uk](mailto:sensupport@woodhouse.uwmat.co.uk)

- Use this for any queries about any additional learning needs or concerns.



[homelearning@woodhouse.uwmat.co.uk](mailto:homelearning@woodhouse.uwmat.co.uk)

- Use this for any support with home learning or using Google Classroom.



[Newsletter@woodhouse.uwmat.co.uk](mailto:Newsletter@woodhouse.uwmat.co.uk)

- Use this to send us anything you'd like put in the newsletter. This can be photos, learning, resources and any good news stories you may have.

## **Useful links**

<https://homelearning.woodhouse.academy>

Additional learning resources and activities.

<https://www.woodhouse.priacademy.co.uk/news-and-events/parental-assistance>

Our parental assistance page with plenty of avenues of support.

Up to date school news.

<https://www.woodhouse.priacademy.co.uk/news-and-events/school-news>

Access our latest risk assessment, detailing our safety measures.

<https://www.woodhouse.priacademy.co.uk/news-and-events/wider-opening>

The Food Pantry – Quinton

<https://your-local-pantry.force.com/s/member-sign-up>

Support with housing

<https://www.theprojectbirmingham.org/housing-advice/>



# School Dinner

## Menu

### 31<sup>st</sup> January — 4<sup>th</sup> February

**NOTE: We operate a 3-week rolling menu. Keep an eye on the menu each week for changes.**

**We are struggling with supplier issues due to the pandemic. Menus are subject to change.**

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Burger in a Bun	Chicken Curry	Honey Roasted Gammon	Beef Spaghetti Bolognese	Pizza Day
Vegetable Burger in a Bun	Quorn Curry	Honey Roasted Quorn	Quorn Spaghetti Bolognese	Cheese and Tomato or Pepperoni Pizza
With Herby Diced Potatoes and Mixed Salad	With Pilau Rice and Naan Bread	With Potatoes and Seasonal Vegetables	With Garlic Bread and Mixed Salad	With Chips and Fresh Salad or Vegetables
Strawberry Mousse	Apple Crumble and Custard	Fruit Jelly	Fruit Sponge and Custard	Selection of Fruit Desserts

## Food Allergies

In order to keep our dietary records up to date, please inform the main office of any changes to your child's dietary requirements, allergies and intolerances. We are able to cater for most requirements but must know in advance.

If your child only eats Halal meats but can eat fish, please also let the main office know. We do not serve Halal meats.

Please either contact the main office on 0121 464 1769 or email the Inclusion Team on [families@woodhouse.uwmat.co.uk](mailto:families@woodhouse.uwmat.co.uk)

**Please also remember that we are a NUT FREE school.**



The following children are Stars of the Week for the week ending 28<sup>th</sup> January.

Nursery

Mohamed  
Shaunak

Reception

Adam  
Anaya  
Ahmad  
Nicky

Year One

Sophie  
Joanna  
Daria  
Hiba

Year Two

Agatha  
Noon  
Ayesha  
Violet C

Year Three

Caiden  
Ajab  
Rafay  
Adam

Year Four

Rian  
Mila J  
Lilly  
Yuvraj  
Joseph  
George

Year Five

Ahmed  
Emily  
Mohammed  
Tahlia

Year Six

Oumou  
Ibrahim  
Kaiya  
Iffah  
Dalal  
Tala

Congratulations to all of these children who have put in a fantastic effort this week. They have been nominated by their teachers. We are really impressed with the level of learning from all children. What can you do to be Star of the Week next week?




**17<sup>th</sup> – 21<sup>st</sup> January 2022**

Yearly attendance is currently running at: **92.75%**  
Last Week's attendance:

EYFS & KS1: **87.50%**    KS2: **86.16%**    Whole School: **86.60%**

Our Attendance target for this year is 97%

Class	Attendance for the week		Class	Attendance for the week
Nursery	86.67%		3A	94.39% 
RS	90%		3N	89.40%
RW	88.21%		4H	81.03%
1L	83.93%		4SO	79.64%
1O	93.14%		5H	78.95%
2C	86.21%		5W	92.90%
2G	88.49%		6D	92.44%
RR	83.33%		6W	76.72%
			6WL	92.70%



Congratulations to **3A** who had the best class attendance last week.

Will your class have had the best attendance this week?

## Spring Term 2022

Monday 21<sup>st</sup> February to Friday 25<sup>th</sup> February

– Half Term

Thursday 3<sup>rd</sup> March – Parents Evening – Details to follow

Thursday 3<sup>rd</sup> March – World Book Day – Dress up day

Tuesday 8<sup>th</sup> March – Parents Evening – Details to follow

Friday 8<sup>th</sup> April – Last day of term for all children



## Summer Term 2022

Monday 25<sup>th</sup> April – First day school opens for children

Monday 30<sup>th</sup> May to Friday 3<sup>rd</sup> June – Half Term

Wednesday 20<sup>th</sup> July – Last day of school year for children

Thursday 21<sup>st</sup> July – Inset day, school closed to children

# Woodhouse PE kits

Here at Woodhouse, we know that our children are AMAZING in their PE lessons. They have also been fantastic at remembering to wear their PE kits to school on their PE days. We think it's about time we all looked just as good whilst doing PE.



How smart do Lewis and Ella look modelling our new PE kits? These can be purchased via the link to our supplier, Cicada Sports. There is a discounted price for purchasing the full set too.

We are going to be encouraging our staff to take advantage of our new kits too so that we can all look incredibly smart together.

Here's the link to the website for purchasing new PE kits if you would like to do so:

<https://www.cicadasports.co.uk/index.php?route=product/search&search=woodhouse>



# Where's Wendy?

Wendy can be found working with pupils. She can support pupils with their emotional well being.

Wendy can be found working with staff.  
She is trained to help staff with a variety of issues that are affecting their life.



**Did you know Wendy is a qualified therapist?**

**She is qualified in Counselling and Cognitive Behaviour Therapy.**

**If you'd like to speak to Wendy ask at Reception.**

**Wendy is in school on Thursdays.**

# Pause.

**Need someone to talk to?  
Struggling to cope with feelings?  
We're here for you.**

**Pause can help, we listen and help you find solutions – no referrals or long waits, you choose when and how to use our service. Pause supports anyone under the age of 25 with a Birmingham GP via phone, video call or face to face session.**

**To find out more and register for support, visit:  
<https://forwardthinkingbirmingham.nhs.uk/pause>  
or call our Registration Line **0207 841 4470**  
(please note local call charges do apply).**

**Drop-in sessions will be offered around the Birmingham area, not just in City Centre. For up to date locations, visit our website for more information.**

**Pause can offer:**

- **A non-judgemental listening ear.**
- **Self-help strategies, skills for managing difficult situations and feelings.**
- **Detail of other support services that can help.**

**Each session last around 20-30 minutes which focuses on ways forward.**

**Our Service Operates:**

- **Monday, Wednesday, Thursday, Fridays - 10am-6pm**
- **Tuesdays 12pm-8pm**
- **Saturdays 10am-5pm**
- **We are Closed Sundays & Bank Holidays.**





# Help for all families in Birmingham



Food  
& Energy



Youth  
Support



Domestic  
Abuse



Emergency  
Funding



Money &  
Debt Advice



Data & IT



Under 5's  
Support



School Uniforms  
& Clothing



Parenting



Special Needs  
& Disabilities



Bereavement



Housing



Sexual  
Health



Mental  
Health



Play

**Birmingham**  
Children's Partnership





# Birmingham

## Children's Partnership



### Edgbaston

EarlyHelpEdgbaston@gatewayfs.org  
0121 456 7821

### Erdington

ErdingtonFamilies@compass-support.org.uk  
0121 748 8199

### Hall Green

Hallgreen.families@greensquareaccord.co.uk  
07570 953519 (9:30am to 4:30pm)

### Hodge Hill

EarlyHelp-Hodgehill@family-action.org.uk  
07976 199894

### Ladywood

childrenandfamilies@bsettlement.org.uk  
07764 977636

### Northfield

NorthfieldFamilies@northfieldcommunity.org  
07516 918 133

### Perry Barr

PerrybarrEHnetwork@spurgeons.org  
0121 752 1900

### Selly Oak

EarlyHelp.Billesley@gmail.com  
0121 441 4556

### Sutton Coldfield

SuttonEHnetwork@spurgeons.org  
0121 752 1860

### Yardley

EarlyHelpYardley@barnardos.org.uk  
0121 289 4875



# Pregnant? Children under four?

Don't miss out on **HEALTHY START**  
food and vitamin vouchers worth  
**over £900** per child\*

**FREE**

fruit, veg, milk  
and vitamins for  
you and your family.  
Worth up to

**£8.50**

per week\*\*

You may qualify for Healthy Start vouchers if  
you're **at least 10 weeks pregnant** or have  
**a child under four years old**. Your family  
must also receive one of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Child Tax Credit (with a family income of £16,190 or less per year)
- Universal Credit (with a family take-home pay of £408 or less per month).

You also qualify if you are  
under 18 and pregnant, even  
if you don't get any of  
the above benefits.

Sign up today [www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)  
or telephone **0345 6076823**

## Healthy Start

Give your family a Healthy Start

\* If you sign up at the first opportunity, when you are ten weeks pregnant

\*\* If your child is under one, you'll receive two £4.25 vouchers per week.

If your child is 1-4 years old, you will receive one £4.25 voucher per week.







## **Healthy Eating/Recipes**

- [Startwell\\_2020 \(startwellbirmingham.co.uk\)](http://startwell_2020(startwellbirmingham.co.uk))
- [www.nhs.uk/change4life/recipes](http://www.nhs.uk/change4life/recipes)
- <https://my.whisk.com/feed>
- [Healthy eating on a budget | BHF](#)
- [Diabetes-UK-African\\_Caribbean-Guide.pdf \(nhsforhvalley.com\)](http://Diabetes-UK-African_Caribbean-Guide.pdf(nhsforhvalley.com))
- [FINAL A5\\_Healthyeating\\_SAAsian7.qxd \(diabetes.org.uk\)](http://FINAL A5_Healthyeating_SAAsian7.qxd(diabetes.org.uk))
- [www.tomkerridge.com/full-time-meals/](http://www.tomkerridge.com/full-time-meals/)
- <https://www.youtube.com/watch?v=c-2gPJUOiqM&list=PLb1P0NWdnLLMAWayc9IbIm-8abQ8oHcG8> - healthy eating webinars

## **Keeping Active**

- [Disney Shake Up Games | 10 Minute Shake Up | Change4Life \(www.nhs.uk\)](#)
- Startwell being active - [180 Katie - Startwell\\_2020 \(startwellbirmingham.co.uk\)](http://180Katie-Startwell_2020(startwellbirmingham.co.uk))
- [PE With Joe | 2021 - YouTube](#)

## **Useful sites**

- Pregnancy start4life: [www.nhs.uk/start4life/](http://www.nhs.uk/start4life/)
- Birmingham Safeguarding Children Partnership: [Home - Birmingham Safeguarding Children Partnership \(lscpbirmingham.org.uk\)](http://Home-BirminghamSafeguardingChildrenPartnership(lscpbirmingham.org.uk))
- Birmingham Forward Steps: [Birmingham Forward Steps – The best start for our children \(bhamforwardsteps.co.uk\)](http://BirminghamForwardSteps-Thebeststartforourchildren(bhamforwardsteps.co.uk))
- Supporting children's mental health: [Coronavirus: wellbeing activity ideas for families \(place2be.org.uk\)](http://Coronavirus:wellbeingactivityideasforfamilies(place2be.org.uk))
- Mental wellbeing: [Home - Kooth](#)
- ICON: [ICON - Babies cry you can cope - Advice and Support | ICON \(iconcope.org\)](http://ICON-Babiescryyoucancope-AdviceandSupport|ICON(iconcope.org))
- Food Banks: [All Food Banks | Find FoodBanks Brum](#)
- Healthy Start webinar: <https://www.youtube.com/watch?v=ko3TP07EurE>



Our ref: AAJT/Oct2021

October 2021

Parent/Carer of

Dear Parent/Carer,

**Apply online for your child to start Reception class in September 2022**

I am writing to you because I understand that your child is able to start school soon. By law, parents/carers must ensure that their child is receiving suitable full-time education at the beginning of the term after their fifth birthday. In Birmingham, however, your child can go to school in the September after his or her fourth birthday.

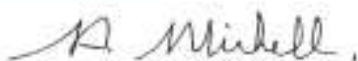
We would ask you to visit **[www.birmingham.gov.uk/schooladmissions](http://www.birmingham.gov.uk/schooladmissions)** and submit an online application from 1 October 2021 and by **15 January 2022** (the final closing date). We would strongly recommend that you ensure you read the 'Primary School Admissions Criteria 2022 Information' prior to submitting your application. In addition to this, most schools will hold virtual open sessions where parents can talk to teachers or view the school's own prospectus etc. Please visit your preferred school's website for further details.

Online applications will receive an immediate email confirmation when the application is submitted. Those online applicants who have not provided an email address will not receive an acknowledgement so it is very important that you include an email address. If you have not received an acknowledgement by 15 January 2022, then you should call Children's Services on 0121 303 1888 to confirm that your application has been received.

Online applicants that submit their application with a valid email address will be sent an offer by email on 19 April 2022. Parents/carers that submitted an online application without a valid email address will be sent an offer letter by first class post which should arrive from 19 April 2021 and should be delivered by the end of that week. Finally, please remember, you do not need to have the internet at home. You can apply online from any device with internet access or if you are able from a computer whilst at work.

If you have any questions about your child starting school, please do not hesitate to contact a member of Children's Services on 0121 303 1888 where staff will be pleased to offer their assistance.

Yours sincerely,



Alan Michell  
Head of School Admissions and Fair Access

# The Inclusion Team at Woodhouse from September



Miss T Mason  
SENDCo  
Assistant Head



Mr R Kennedy  
Learning Mentor  
DSL



Mr C Oakley  
Assistant Head  
Key Stage 1



Miss C Lavelle  
Assistant Head  
Key Stage 2



Mrs H Sumner  
Year 2 TA  
Pastoral Support

The Inclusion Team at Woodhouse work together with children and families to offer and provide support and opportunities to ensure that all have the chance to achieve and succeed.

If you have anything you would like to discuss with a member of the team regarding your child or children's learning, behaviour, well-being, health or anything else then please get in touch. [families@woodhouse.uwmat.co.uk](mailto:families@woodhouse.uwmat.co.uk)

If you'd like to get in touch with us regarding Special Educational Needs, you can do this by emailing us at [sensupport@woodhouse.uwmat.co.uk](mailto:sensupport@woodhouse.uwmat.co.uk)

The Inclusion Team will also be on the front and rear gates at the start and end of the day and will be more than happy to talk.

We would like to remind families that if times are difficult or you are going through a tough time, you need only ask and we will do all we can. Of course, we are always here for your children, and we will do anything which we can do to help them to learn, succeed and become fine citizens. We are also there for our families and the wider school community. If we can help in any way: with food bank support, support with uniforms and clothing or with any other aspect of life, then please get in touch. If we cannot help directly, we can often sign post to the support needed and help you to access assistance. Please don't suffer in silence.

## Feeling overwhelmed? Struggling to cope?



**Anna Freud**  
National Centre for  
Children and Families

**Text AFC to 85258**

**Text the free, confidential textline**

All texts are answered by trained volunteers,  
with support from experienced clinical specialists







## *Help for all families*

We've all been through a tough time recently.

The following organisations have partnered to provide services and support, which might make life a little bit easier...

Birmingham Children's Partnership includes: Birmingham City Council, Birmingham Children's Trust, Birmingham and Solihull Clinical Commissioning Group, Birmingham Community Healthcare NHS Foundation Trust, Birmingham Women's and Children's NHS Foundation Trust, West Midlands Police and Birmingham Voluntary Sector Council.

There is support available for domestic abuse, parenting courses, mental health support, financial help, alcohol and drug problems, bereavement support and more.

Follow these links to find out more:

<https://www.birmingham.gov.uk/love>

<https://www.birmingham.gov.uk/info/50224/birmingham-children-s-partnership/2156/birmingham-children-s-partnership-resources>

Alternatively, speak to a member of the Inclusion Team for more advice / support.

In most cases, you can self-refer for support.

One example of support they can offer is with emergency food and supplies grants of up to £100.



# From Birmingham with Love



We've all been through a tough time with Covid-19 and repeated lockdowns. For many families it can get harder over Winter, which is why we're here to help. Here are some of our partners' most used services and support, which might make life a little bit easier...



1. **Online parenting course.** We've pre-paid for every parent in Birmingham to access a [parenting course](#). Just enter the access code "COMMUNITY" at the top of the page to claim. There are courses for parents, carers and grandparents of children from bump to 19. Learn about how your child develops, and get tips to manage their behaviour.



2. **Mental health support.** In these difficult times we have to look after our mental health. For young people aged 11-25 there are forums, guides and counselling available at [Kooth](#). If your child 0-25 needs support, get in touch with Pause by calling 0207 841 4470 or [email](#). Adults can get support from [MIND](#) by calling 0121 262 3555. Or for urgent help call [Forward Thinking Birmingham](#) on 0300 300 0099.



3. **Financial help.** If you've lost your job, or are struggling for food or rent there are services that can help. [Local welfare provision](#) can make a big difference if you are in a crisis and need food, fuel or basic white goods. [Discretionary Housing Payments](#) may be able to help with rent. And there are [food banks](#) across Birmingham that are here to help.



4. **Domestic abuse.** For women and children affected by domestic abuse please see [guidance](#) or confidentially contact [Birmingham and Solihull Women's Aid](#). For Men, please contact [Respect](#).



5. **Problems with drugs or alcohol.** A new, discrete app called Staying Free is available on Android or Apple. Use the code "birmingham11" for pre-paid access. To speak to someone call [Change Grow Live](#).



6. **Bereavement support.** It's a terrible time to lose a loved one — you can get help by calling 0121 687 8010 or from [Cruse](#).



7. **Early help for families.** If anyone in your family needs more help, from public services or community groups, then please contact our [voluntary sector local leads](#). We have ten areas which can connect you to support across the city.

If you are worried about a child, please call Birmingham's Children's Advice and Support Service on 0121 303 1888. In an emergency, including child abuse, contact the Police on 999. You can also [chat](#) to the Police.



**MAGIC** ★ ★ ★  
**LITTLE GRANTS**



Quinton  
**YOUTH  
FOR CHRIST**

# *The Wizard Of Oz*



**25th & 26th Feb 2022  
2:30pm & 7:30pm  
@Four Dwellings  
Academy**



**[seaty.co.uk/wizardofozquinton](https://seaty.co.uk/wizardofozquinton) for tickets**